



Alankrita

• EDUCATE • ENCOURAGE • EMPOWER

Session 2025-26





Be the source of knowledge

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Our Navigators



**Shri Davender
Kumar**
(Chairman)



**Major General
Dr. Dilawar Singh**
(Executive Chairman)



**Mr. Rajjath
Goel**
(Director)



Mr. Vijay Shukla
(Educationist)



**Ms. Shashi Bala
Saini**
(Retd. DDE)



Mr. Y.P. Purang
(Former Director
at the DOE)



Mr. Sheelam Seth
(Chief Executive Officer,
Shri Educare Ltd.)



**Dr. Basudev
Ghosh**
(Ophthalmologist)



**Prof. S.N.
Maheshwari**
(Prof DIAS, Delhi,
and Chairman - ISMA)



**Prof. Anup
Rajpoot**
(Professor, NCERT)



**Dr. Ajay Kumar
Bansal**
(Dronacharya Awardee,
Hockey Coach)



Mr. C.K. Khanna
(Educationist)



Dr. K.K Khandelwal
(Retd. IAS,
Chairman - HRERA)



Dr. D.K. Pandey
(Educationist)

Illuminating the Path @ MRS



Message from the Chairman's Desk

Dear Parents, Students and Members of the MRG Community,

As we reflect upon another enriching academic year, I am filled with immense pride and gratitude for the journey we have collectively undertaken. Alankrita, our annual magazine, serves as a vibrant reflection of our shared experiences, encapsulating the spirit of learning, creativity and excellence that defines MRG. Each page stands as a testament to the dedication and achievements of our students, as well as the unwavering commitment and diligence of our educators.

This year has been marked by noteworthy milestones that reaffirm our commitment to holistic education. From attaining a 5-Star Rating under the Swachh Evam Harit Vidyalaya initiative to securing recognition among the Top 50 schools globally in sustainability, we have continued to set commendable benchmarks. Our consistent performance in the National Green School Rankings and other esteemed platforms reflects our dedication to nurturing environmentally conscious and future-ready learners. Simultaneously, our students have distinguished themselves across academics, sports, arts and co-curricular domains, bringing laurels to the institution and exemplifying talent, perseverance and a pursuit of excellence.

Beyond these accomplishments, it is the values we cultivate that truly define us. Initiatives such as Gratitude Day, community outreach programmes and various school celebrations have fostered empathy, creativity and a strong sense of social responsibility among our learners. These experiences extend beyond the classroom, shaping individuals who are not only knowledgeable but also compassionate and responsible citizens.

As rightly said, "Education is not the preparation for life; education is life itself." At MRG, we remain committed to inspiring curiosity, encouraging innovation and empowering every child to realise their true potential in an ever-changing world.

I extend my sincere and heartfelt gratitude to our esteemed teachers, supportive parents and dedicated students, whose collective efforts and unwavering faith continue to fortify the foundation of our institution. Your enduring partnership, trust and encouragement are deeply valued and remain integral to our continued progress and achievements.

As we move forward, let us remain steadfast in our shared commitment to excellence, guided by integrity, resilience and purpose. Together, we shall continue to nurture an environment where every learner is confident, capable and inspired to contribute meaningfully towards a better and brighter society.

Warm Regards
Shri Davender Kumar
(Chairman)

Chairman



Message from the Executive Chairman

Dear Readers of the MRG Family,

"Your potential is limitless; believe in yourself and reach for the stars."

Alankrita stands as a testament to our collective journey of growth, excellence and holistic development. This annual chronicle captures the milestones we have achieved together and celebrates the spirit that defines our school community. Each page reflects our commitment to nurturing young minds, fostering creativity and empowering learners to become responsible and compassionate individuals.

The academic year commenced with SATARAMBH, seeking divine blessings and inspiration for the journey ahead. Throughout the year, our students excelled across diverse domains, demonstrating not only academic excellence but also remarkable talent in co-curricular and extracurricular pursuits.

Our budding writers and thinkers showcased their creativity and analytical abilities through thought-provoking compositions on themes such as individuality, human emotions and environmental sustainability. Their work reflects a deep sense of awareness, imagination and critical thinking.

With the aim of cultivating social responsibility, we undertook meaningful initiatives such as "Greening the Present, Guarding the Future" and activities that promoted respect for the dignity of labour. These experiences helped students develop empathy, environmental consciousness and a stronger sense of civic responsibility.

Our students brought laurels to the school through outstanding performances in national-level art competitions, sports events including cricket and taekwondo and prestigious examinations such as JEE Main. Their achievements in various inter-school competitions further exemplify their determination and pursuit of excellence.

To broaden their horizons and enrich their understanding of society, students actively participated in programs such as Voice of the Youth-The National Adolescence Summit and educational visits to Parliament. Such experiences inspire confidence, leadership and informed citizenship, preparing them to contribute meaningfully to the future.

Equally important has been our commitment to empowering educators through continuous professional development. Through training programs and workshops aligned with the vision of NEP 2020 and CBSE, our teachers continue to evolve as facilitators, mentors and lifelong learners. The integration of coding, art, experiential learning and skill-based education ensures that students can connect classroom knowledge with real-world applications.

I would also like to express my heartfelt appreciation to our parents, whose trust, encouragement and constructive feedback strengthen our pursuit of excellence. Their partnership plays a vital role in shaping the growth and success of every child.

Alankrita is more than a record of events; it is a celebration of dreams nurtured, challenges overcome and achievements shared. It reflects the unwavering dedication of every member of the MRG family who contributes to making our institution a vibrant and inspiring place of learning.

As you turn these pages, I hope you find inspiration in the stories of perseverance, creativity and accomplishment they contain. May they motivate us all to continue reaching higher, dreaming bigger and striving for excellence in every endeavor.

Warm Regards,
Major General Dr. Dilawar Singh
(Executive Chairman)

Executive Chairman



Message from the Director's Desk

Dear Endearing Family of MRG,

It is with a deep sense of pride and reflective fulfilment that I present the narrative of yet another enriching academic year at MRG School—one distinguished by purpose, progress and transformative learning. With each passing year, our institution steadfastly advances its vision of nurturing young minds through a seamless confluence of academic rigour, innovation and deeply ingrained values that shape both intellect and character.

The academic session 2025–26 has unfolded as a vibrant mosaic of intellectually and creatively enriching experiences, inspiring our learners to think with discernment, articulate with confidence and transcend conventional boundaries. From their enthusiastic engagement in intellectually stimulating platforms such as Mathathons to their commendable accomplishments across literary, artistic and oratory arenas at zonal levels, our students have consistently demonstrated analytical acumen, expressive finesse and remarkable poise.

Our learners have further distinguished themselves on national platforms, bringing honour and recognition to the institution through their exemplary achievements in sports, art and diverse co-curricular pursuits. These milestones stand as a testament to their perseverance, disciplined effort and an unwavering commitment to excellence, reflecting the ethos that MRG endeavours to instil in every learner.

Equally profound have been the experiences that have nurtured empathy, sensitivity and an enduring sense of social responsibility. Meaningful engagements through community outreach initiatives, heartfelt interactions with the elderly and active participation in drives centred on care, cleanliness and sharing have enriched our students with values that extend far beyond the confines of the classroom. Environmental endeavours, including plantation drives and sustainability awareness initiatives, have further deepened their consciousness as responsible custodians of the future.

At MRG, we believe that education transcends the mere acquisition of knowledge; it is, rather, the awakening of perspective, purpose and principled thinking. Our continued efforts remain directed towards curating learning experiences that are immersive, relevant and transformative. By fostering intellectual curiosity, independent thought and resilience, we endeavour to equip our learners with the confidence, adaptability and discernment required to navigate an ever-evolving global landscape.

As we look ahead, our resolve remains unwavering—to inspire minds, empower individuals and nurture future-ready citizens who lead with integrity, empathy and vision. Together, we shall continue to cultivate a learning community where every child feels valued, inspired and prepared to contribute meaningfully towards a progressive and harmonious society.

Warm Regards,
Mr. Rajjath Goel
(Director)

Director



Message from the Principal's Podium

Dear MRG School Community,

With immense pride, heartfelt joy and a spirit radiant with accomplishment, we present the culminating edition of the MRG School Chronicle for the Academic Year 2025–26. This edition unfolds as a luminous reflection of a year shaped by aspiration and achievement—where curiosity found expression, excellence became a habit and every challenge transformed into a graceful step forward. More than a record, it is a vibrant celebration of perseverance, creativity and the collective brilliance of our thriving community.

This year has been truly exceptional, crowned by a stupendous 100% Board Result, reflecting the unwavering dedication of our students, the tireless efforts of our educators, and the steadfast encouragement of our parent community. This remarkable accomplishment stands as a shining symbol of academic distinction and disciplined pursuit of excellence.

Complementing this success, our Green Achievements—spanning innovative eco-initiatives, sustainable practices and impactful awareness drives—echoed our commitment to nurturing responsible global citizens. Our recognition as Rank 7 in the Times Education Icons 2025 further celebrates this harmonious blend of scholastic and holistic excellence.

Equally captivating is the creative splendour that finds voice within these pages. The Chronicle proudly showcases the remarkable artistic expressions and literary brilliance of our students—through evocative poems, imaginative stories, insightful articles and visually stunning artwork. Each creation reflects originality, depth of thought and a fearless spirit of self-expression, adding vibrance and meaning to this edition while celebrating the boundless creativity that flourishes within our corridors.

The campus itself came alive through a series of enriching and memorable experiences. From the vibrant exuberance of Children's Day and the imaginative charm of the Kahani Festival, to the heartfelt compassion of Gratitude Day and the poignant elegance of the Farewell ceremony, every moment contributed to a journey that was as meaningful as it was memorable. These experiences embody the essence of MRG—where learning transcends textbooks, empathy is lived and every individual is inspired to dream, achieve and soar higher.

As you turn these pages, may you relive the spirit of a remarkable year gone by and feel inspired by the promise of what lies ahead. We extend our warmest wishes for the year to come—may it unfold with renewed aspirations, enriched learning, creative pursuits and countless milestones that continue to illuminate the path of excellence for our entire community.

Warm Regards,
Ms. Anshu Mital
(Principal)

Principal



Dear MRC Community,

"Education is not preparation for life; education is life itself." — John Dewey

As we come to the close of another enriching academic session, it is heartening to look back at a year filled with learning, growth, and countless memorable moments. This session has been a beautiful journey of discovery for both students and teachers alike. Guided by the vision of NEP 2020 and the learner-focused framework of NCF 2023, our classrooms gradually transformed into spaces of exploration, discussion, creativity, and meaningful participation. Students were encouraged not merely to learn concepts, but to experience them through activities, projects, collaboration, and reflective thinking. Whether inside the classroom or beyond it, learning became more engaging, joyful, and connected to real life.

In today's rapidly changing world, it is essential that we prepare our children to become thoughtful, responsible, and AI-enabled citizens. This year, we consciously moved towards creating opportunities where students could question freely, think independently, and use technology with awareness and purpose. It has been inspiring to witness young learners becoming more curious, confident, and expressive with every passing day. As educators and parents, our shared responsibility is to continue nurturing minds that are compassionate, adaptable, and eager to learn. I extend my sincere appreciation to our dedicated teachers, supportive parents, and enthusiastic students for making this session truly meaningful and memorable for the entire school community.

Best wishes for the publication of the latest issue of Alankrita. Congratulations to the editorial board under the inspiring leadership of Principal Madam Ms. Anshu Mittal. Wishing the MRC School collective continued success and achievements ahead.

Warm Regards,
Dr. D.K. Pandey
(School Management Committee)

WORDS OF WISDOM



Teachers: The Pillars of School & Nation

Teachers are crucial to the social and economic growth of a country as boundless as their contributions can be. A teacher's patience, kindness, and understanding can be the reason a child is inspired to be their best self. Teachers are the heart and soul of a school and a community. During a child's formative years, a good teacher can help shape their character and principles.

Teachers are also the reason the classroom is not a hindrance to a child's original thought, creativity, and imagination. This is because, in addition to being an educator, a teacher is a mentor, a role model, and a support system. Encouragement to take on the world can be as simple as a teacher being a little stricter or expecting a little more from a student. This is how responsible and proud teachers are of the level of ambition, resilience, and responsibility their students possess.

Teachers are called upon to do more in this era, their role has become more dynamic and demanding. With new technology, changing teaching methods, evolving student needs, and a greater focus on overall development, it is essential for teachers to keep improving themselves.

The responsibility of adjusting to new times is not on the teachers alone. The onus of supporting teachers to adjust to the new times is on the schools. A progressive school is one that offers continued professional development to teachers through training, workshops, teacher empowerment, feedback, classroom observation, and facilitation. These opportunities help teachers understand the needs of different students and of themselves as facilitators.

When a school invests in its teachers, it strengthens the entire learning system. Teachers feel more confident, motivated, and valued, which directly improves the quality of education for students. Students gain more meaningful learning experiences, parents see better outcomes, and society gains from confident, capable, and compassionate young citizens.

A teacher's learning journey never truly ends. As teachers grow, they inspire generations and strengthen the foundation of the nation.

Warm Regards,
Mr. Vijay Shukla
(School Management Committee)

WORDS OF WISDOM

Pinnacles of Pride @ MRG

Where dedication transforms into distinction
and dreams into achievements.

School & Subject
Toppers



MRG Scholars



MRG Stars
Super MRGians



Student Council



Pinnacles of Pride

School Toppers



Shaurya Garg

98.75%

Commerce



Anirudh Gupta

97.50%

Science



Titiksha Jindal

96.50%

Science



Ishita Agarwal

96.25%

Science



Kanak Agrawal

95.75%

Humanities



Anvi Agarwal

95.5%

Science



Mayank Singh

95%

Science



Prayag Jindal

95%

Commerce



Subject Toppers



Shaurya Garg

ACCOUNTANCY-99
BUSINESS STUDIES-99
ECONOMICS-99
MATHEMATICS-98



Anirudh Gupta

CHEMISTRY-99
BIOLOGY-98
PHYSICS-97



Kanak Agrawal

PSYCHOLOGY-98
PHYSICAL EDUCATION-97
MARKETING-95



Mayank Singh

ENGLISH-99
YOGA-99



Harshit Jain

ECONOMICS-99



Ishita Agarwal

BIOLOGY-98



Titiksha Jindal

BIOLOGY-98

CBSE Board Result Class XII 2025-26

Pinnacles of Pride

School Toppers



Kritika Jain

97.4%



Dherya Prakash

96.8%



Ashish Grover

95.4%



Radhika Jain

95.2%



Subject Toppers



Kritika Jain

MATHEMATICS-99
SOCIAL SCIENCE-98
HINDI-92



Dherya Prakash

SOCIAL SCIENCE-98
SCIENCE-95



Akshat Gupta

IT-100
MATHEMATICS-99



Simran Jain

IT-100
HINDI-92



Manan Gupta

MATHEMATICS-99



Ksarskshi

PAINTING-99



Navyam

SCIENCE-95



CBSE Board Result **Class X**
2025-26

Pinnacles of Pride

Perfection in Practice, Brilliance in Boards!



Ananya Malik

ENGLISH - 100



Simran Jain

IT- 100



Akshat Gupta

IT - 100



Chaitanya Dudeja

IT - 100



Avisha Jain

IT - 100

Perfect Score, Perfect Skill – 100/100 in English & IT

Academic Scholarship

Sports Scholarship



Livanshi Kaur
Grade X



Vedant Goyal
Grade XI



Hanshika Shokeen
Grade XI



Anirudh Gupta
Grade XII



Shaurya Garg
Grade XII

MRG SCHOLARS

Students scoring
95% and above
with distinguished
ranks and academic
excellence.



MRG STARS



Sara Mittal
Grade VII



Ashika Jain
Grade VIII



Navya Jain
Grade IX



Pihu Mittal
Grade VIII

Uttkarsh Gupta
Grade VIII

Mannan Jain
Grade VIII

Shivin
Grade VIII

Preksha Gupta
Grade VIII

Aayansh Jain
Grade IX

Jinisha Kumar
Grade IX

★ SUPER MRGians ★



Students scoring 95% and above in all subjects through
dedication and consistency

Torchbearers of MRG



AGRIM JAIN

(SR. HEAD BOY)

ANUSHKA HANDA

(SR. HEAD GIRL)



TANISH JAIN

(JR. HEAD BOY)

MYRA CHAWLA

(JR. HEAD GIRL)

Senior Student Council

S. NO	SCHOOL POSITIONS	NAME OF STUDENT	CLASS
1	VICE HEAD BOY	SOHAM BINDAL	XII B
2	VICE HEAD GIRL	KHUSHI GOYAL	XII B
3	CULTURAL CAPTAIN (BOYS)	RANNVEER SINGH GROVER	XI C
4	CULTURAL CAPTAIN (GIRLS)	MANSHA ROY	XI C
5	TECH CAPTAIN (BOYS)	DIVYAM AGARWAL	XII A
6	TECH CAPTAIN (GIRLS)	KRIKA JAIN	X C
7	ED BOARD CAPTAIN (BOYS)	SAMARTH	XI A
8	ED BOARD CAPTAIN (GIRLS)	SANVI KAPOOR	X C
9	SPORTS CAPTAIN (BOYS)	UDAY CHAWLA	XII C
10	SPORTS CAPTAIN (GIRLS)	CHARVI MEHTA	XII A
11	ENVIRONMENT CAPTAIN (BOYS)	EISHAAN PATHAK	XI A
12	ENVIRONMENT CAPTAIN (GIRLS)	ISHLEEN KAUR	XI A
13	DISCIPLINE CAPTAIN (BOYS)	SIDDID BHARDWAI	XI A
14	DISCIPLINE CAPTAIN (GIRLS)	HANSHIKA SHOKEEN	XI C
15	COURAGE HOUSE CAPTAIN (BOYS)	V. TANISHQ	XI C
16	COURAGE HOUSE CAPTAIN (GIRLS)	VINAYA GUPTA	XI C
17	EMPATHY HOUSE CAPTAIN (BOYS)	ADITYA VERMA	XI A
18	EMPATHY HOUSE CAPTAIN (GIRLS)	DHRITI JAIN	X C
19	EXCELLENCE HOUSE CAPTAIN (BOYS)	GARVIT CHOPRA	XI B
20	EXCELLENCE HOUSE CAPTAIN (GIRLS)	LIVANSHI KAUR	X C

S. NO	SCHOOL POSITIONS	NAME OF STUDENT	CLASS
21	INTEGRITY HOUSE CAPTAIN (BOYS)	VIVAN GARG	XI B
22	INTEGRITY HOUSE CAPTAIN (GIRLS)	VIDHI GUPTA	XI A
23	COMMUNITY OUTREACH CAPTAIN (BOYS)	KAVISH KANSAL	XI B
24	COMMUNITY OUTREACH CAPTAIN (GIRLS)	AHANA SINGHAL	X B
25	HOUSE PREFECT -INTEGRITY HOUSE	CHAHEK DALMIA	X C
26	HOUSE PREFECT - EMPATHY HOUSE	SIMRAN JAIN	X C
27	HOUSE PREFECT- EXCELLENCE HOUSE	JINISHA KUMAR	IX C
28	HOUSE PREFECT- COURAGE HOUSE	ADYA OBEROI	X C
29	CULTURAL PREFECT - INTEGRITY HOUSE	PANAV GUPTA	VIII C
30	CULTURAL PREFECT - EMPATHY HOUSE	ADHYAN MAKHIJA	IX B
31	CULTURAL PREFECT - EXCELLENCE HOUSE	SHAARAV TANEJA	IX C
32	CULTURAL PREFECT - COURAGE HOUSE	PREKSHA GUPTA	VIII C
33	SCHOOL DISCIPLINE PREFECT	SRISHTI SHARMA	X B
34	DISCIPLINE PREFECT - INTEGRITY HOUSE	DIYA JUNEJA	VIII C
35	DISCIPLINE PREFECT - EMPATHY HOUSE	ASHIKA JAIN	VIII C
36	DISCIPLINE PREFECT - EXCELLENCE HOUSE	AAVANSI JAIN	IX C
37	DISCIPLINE PREFECT - COURAGE HOUSE	AADHYA VERMA	VIII D
38	SPORTS PREFECT - INTEGRITY HOUSE	AARAV GUPTA	VIII B
39	SPORTS PREFECT - EMPATHY HOUSE	LARANYA GUPTA	IX C
40	SPORTS PREFECT - EXCELLENCE HOUSE	ANUSHKA SHARMA	IX C
41	SPORTS PREFECT - COURAGE HOUSE	KAITLYNN RANA	IX B
42	ENVIRONMENT PREFECT-INTEGRITY HOUSE	SHARANYA MEHTA	VIII B
43	ENVIRONMENT PREFECT-EMPATHY HOUSE	TANISHKA MADAAN	IX C
44	ENVIRONMENT PREFECT-EXCELLENCE HOUSE	PARISHI DIWAN	VIII A
45	ENVIRONMENT PREFECT -COURAGE HOUSE	AHEM SHAH	IX C

★ Junior Student Council ★

S. NO	SCHOOL POSITIONS	NAME OF STUDENT	CLASS
1	SPORTS CAPTAIN	VIHAAN GARG	V C
2	DISCIPLINE CAPTAIN	RUSHAAN GARG	V C
3	ENVIRONMENT CAPTAIN	JAPMIN KAUR	V D
4	CULTURAL CAPTAIN	SADHIL BANSAL	V C
5	CAPTAIN COURAGE HOUSE	ABEER SOBTI	V A
6	CAPTAIN EMPATHY HOUSE	MEHER FIALOK	V B
7	CAPTAIN EXCELLENCE HOUSE	VAISHNAVI	V C
8	CAPTAIN INTEGRITY HOUSE	YASHVI	V A
9	EDITORIAL BOARD CAPTAIN	ARHAN JAIN	V A
10	COMMUNITY OUTREACH CAPTAIN	BHAVYA JAGGI	V D



Celebrating

Excellence in Education



2025



School's Accomplishments



Secured Rank 7 in North Delhi in the Leaders Category at Times Education Icons 2025, reaffirming MRG School's dedication to innovation and academic excellence.



Earned 4th Rank in India's National Green School Ranking 2025, reflecting the school's sustained efforts towards environmental responsibility and green practices.



✦ Received the Solar Smart School Award from the Action Committee of Unaided Recognised Private Schools for promoting sustainable energy initiatives on campus.



Earned the 2026 Green School Award from CSE among 433 schools nationwide for its commitment to sustainability.



Achieved a 5-Star Rating in the Swachh Evam Harit Vidyalaya Rating (2025-26), recognising MRG School's commitment to cleanliness, hygiene and environmental sustainability.



Ranked among the Top 50 schools in the Global Sustainability Awards 2025, earning the title of ESD Champion for integrating sustainability into education and practice.

Principal's Accolades



Honored with the prestigious Avantika Excellence Education Award for her unwavering commitment to educational excellence and shaping future leaders.



Coveted with the acclaimed 'Savitribai Phule Award' by Indraprastha School Sahodaya & Delhi Sahodaya Schools Complex for nurturing a collaborative learning environment.



Appointment as the Deputy District Training Coordinator (DTC) for the CBSE Centre of Excellence, Delhi West, reflecting her tireless dedication to academic brilliance.

Teacher's Accolades



Ms. Isha Chopra was recognized as one of the Top 10 Champions of Change and Top 5 Contenders in Teach-A-Thon 2025 by Bharti Airtel Foundation.



Ms. Latika Sharma has been honored with the Savitribai Phule Award from Indraprastha School Sahodaya for her role as a compassionate and skillful educator.



Ms. Shivani Khanna had been conferred with the esteemed Pillar of the Nation Award 2025 by Dr. Radhakrishnan Self Help Group for her extraordinary legacy in teaching.



Ms. Sonia Arora was bestowed with the Dr. Sarvepalli Radhakrishnan Award by Nirmal Foundation for her transformative teaching and exemplary mentorship.



Ms. Bhavika Kapoor, Ms. Namrata Choudhary and Ms. Pooja Goel were recognized with the Certificate of Recognition from Oswaal Books Foundation for enhancing the quality of educational materials.



Ms. Deepa Sharma and Ms. Kanika Sharma shone bright by winning the prestigious 2025 FAP National Awards, reflecting their unwavering dedication.



Ms. Rupal Kansal was honored by Educart Publications for her significant contribution as a subject expert in Biology for Classes IX to XII.



Ms. Shikha Talreja was conferred with the prestigious Teacher at Par Excellence Award by IIHM for their transformative influence on young learners.



Ms. Sanjana Bhalla was honored with the PSM Rashtriya Shiksha Ratna Samman 5.0 at the National Eduleaders Summit-2025.



Ms. Suhani Gauri and Ms. Shakti Bhandari were honored with the Urja Global Educators Award for their outstanding dedication and pivotal role in shaping a brighter future.

Incessant rain of Accolades



MRGians Strike Gold & Bronze at CBSE Nationals

MRC School celebrated a proud sporting milestone as Anshika Gupta of Grade X and Hardik Verma of Grade IX won Gold, while Aarav Yadav of Grade IX secured Bronze at the CBSE National Taekwondo Championship 2025, Etawah.



MRGians Shine at CBSE Cricket Nationals

Uday Chawla of Grade XII and Ridhiman Saini of Grade IX brought laurels to MRC School by winning a Bronze medal at the Delhi CBSE Cricket Nationals, showcasing remarkable determination and sporting excellence.



Art that Brought National Glory

Garvit Chopra of Grade XI secured the First Place at the National Level Art Competition – Shauryavaan Bharat and was honoured as a Special Guest at the Independence Day celebration at the Red Fort.



Nationals Triumphs

ZONALS 2025

Mansha Roy of Grade XI displayed exceptional musical prowess by securing the II Position in Music Percussion (Senior Category). Her rhythmic finesse, passion for music and dedicated practice resonated beautifully through her performance, earning admiration from the judges and audience alike.



Vaishnavi Varshney of Grade XI secured the II Position in English Extempore, demonstrating remarkable clarity of thought and confident articulation. Her eloquence and presence of mind reflected her strong oratory skills.



Uttkarsh Gupta of Grade VIII achieved the II Position in English Poetry Recitation, impressing everyone with his evocative verses and thoughtful expression. His ability to weave emotions into words highlighted his creativity and strong command over language.



Anushka Sharma of Grade IX earned the II Position in Hindi Declamation, captivating the audience with her powerful voice, impactful content and confident stage presence, which beautifully conveyed the spirit of the theme.



Khushi of Grade VIII secured the III Position in Music Percussion (Junior Category) with an energetic and disciplined performance. Her command over rhythm and expressive presentation reflected her growing excellence in the field of music.



Aryan Yadav of Grade VIII showcased his artistic ingenuity by securing the II Position in Sculpture (Junior Boys Category). His creativity and craftsmanship transformed ideas into an impressive artistic creation.



Ananya Srivastava of Grade VIII secured the III Position in Painting (Junior Girls Category), where her imaginative use of colours and careful detailing reflected her vibrant artistic expression.



Golden Glory in Badminton

MRG School proudly congratulates Shravya of Grade III for winning the Gold Medal at the Delhi State Under-9 Badminton Championship. Her determination, discipline and passion for the sport at such a young age make this achievement truly inspiring.



SPORTS ACHIEVEMENTS



Pride on Wheels

Our talented skaters shone at the Zonal Skating Competition. Manan Gupta of Grade X and Mahim Singla of Grade VIII secured Silver Medals, while Bhavya Rathi of Grade X earned a Bronze Medal, bringing pride to the MRG family.



A Winning Streak in Badminton

Vridhhi Aggarwal of Class III delivered a commendable performance at the Delhi State Ranking Badminton Tournaments 2025, reaching the semifinals in the Girls' Singles Under-9 category across three tournaments and winning Bronze medals in each.



Glory on Wheels

MRG skaters showcased exceptional skill at the Interschool Skating Competition at Delhi Heritage School, winning 23 awards along with the Second Runner-Up Trophy, including several Gold, Silver and Bronze medals.



Young Yogis Bringing Glory

Ridhima Dudeja and Chitranshi Garg of Grade VI secured Second Position in the Artistic Pair Yogasana (Under-18) category at the District-Level Asmita Yogasana League 2026.



Golden Kick to Glory

Livanshi of Grade X has brought immense pride by winning a Gold Medal in the Delhi State Taekwondo Competition. Her remarkable skill, discipline and determination have earned her a spot at the SGFI Nationals.





A Thunderous Knock That Echoed Glory

Lighting up the field with sheer brilliance, Uday Chawla delivered a historic performance. He smashed an unbeaten 261 runs in the 27th War Sports Open Cricket Tournament. This extraordinary feat showcases the sporting excellence MRG takes immense pride in cultivating.



Grit and Glory in Every Swing

With strength, skill and unwavering focus, Ridhiman Saini smashed an unbeaten 155 runs in the Wonder U-15 Cricket Tournament. This memorable sporting milestone and his commitment on the pitch echo the values of discipline and determination instilled at MRG.



Elevating Grace Through Yoga

Exhibiting focus and finesse, Ridhima Dudeja of Grade VI clinched the Gold Medal in Yoga at the Indo-Nepal International Championship 2025, held in Pokhara, Nepal. Her win reflects MRG's unwavering focus on holistic development and global excellence.



Forging Warriors of Tomorrow

MRG School proudly celebrates the outstanding accomplishments of its young martial artists—Anshika Gupta and Livanshi Kaur of Grade X, Hardik Verma of Grade IX and Novesh Kirar of Grade XI. These students have earned the prestigious Kukkiwon-certified Black Belt, conferred by the World Taekwondo Headquarters in Seoul, South Korea.



Rising Star on the Court

Sharvya of Grade III clinched the Gold Medal in the Girls Singles Under-9 category at the 8th Pradeep Virendra Singh Memorial Delhi State Badminton Tournament. Held at Modern School, Barakhamba Road, and organized by the Delhi Capital Badminton Association, this incredible feat showcases her passion and precision.



Skating with Spirit, Strength and Patriotism

Ashit Bansal of Grade VII made MRG School proud by skating continuously for 79 minutes in the "Pride to Part" event, honouring National Pride and Military Bravery with remarkable spirit and determination.





In a graceful display of strength and discipline, Chitranshi Garg secured the first position and Shaan earned second at the Inter-School Yoga Competition at NK Bagrodia School Dwarka bringing pride through focus, flexibility and poise.



Radiating elegance and rhythm, Mohita Rathore of Grade V enthralled the audience at the Eco Rhythm Dance event at Suraj Bhan DAV School earning Jury Appreciation for her expressive movements and confident stage presence.

Driven by curiosity and intellect, Uttkarsh Gupta and Ashika Jain of Grade VIII secured third position in Science of Everyday Wonders at Brain International School showcasing analytical thinking teamwork and a keen scientific spirit.



A celebration of young imagination, Aakriti Shokeen and Anaisha Aggarwal of Grade II secured second position in Tiny Citizen Expressions at Mount Abu Public School delighting all with their creativity, confidence and artistic expression.



Inter-School



Blending imagination with expression, Rayna Roy and Aashia of Grade VIII secured second position in Muddy Instincts at DAV Public School presenting artwork that reflected originality, depth and a refined creative vision.



With voices that resonated with conviction, Riddhi Mittal and V Tanishq of Grade XI secured third position in Echoes of Justice at Mount Abu Public School impressing with clarity, thoughtfulness and persuasive articulation.



Transforming ideas into impactful creation, Mahi Maggo of Grade III secured the first position in Waste to Wonder at Jain Bharti School reflecting innovation, environmental awareness and a remarkable creative perspective.



Marking an inspiring achievement, Druhi Nigam of Grade I secured first position in the Be a Celestial Body Speaking Competition at HRM Global School presenting imaginative ideas with confidence, expression and remarkable clarity.



With charm and melody, Ashvi Somani of KG secured third position in the Rhythmic Recitation Competition at HRM Global School captivating the audience through expressive delivery, confident narration and engaging stage presence.



Where imagination meets discovery, Rehanshi and Sanvi Aggarwal of Grade III secured third position in Galactic Creation at HRM Global School presenting innovative models that reflected creativity, scientific understanding and thoughtful exploration.



Showcasing the power of collaboration Sanvi Somani and Aadya Somani of Grade IV secured third position in Amalgamation at Maxfort School Pitampura earning recognition for their originality teamwork and expressive creativity.

Accomplishments



In a harmonious symphony of talent, the school choir secured first position in Future Frequency at VSPK International School leaving a lasting impression through coordination musical excellence and an enthralling collective performance.



Showcasing the power of collaboration Sanvi Somani and Aadya Somani of Grade IV secured third position in Amalgamation at Maxfort School Pitampura earning recognition for their originality teamwork and expressive creativity.



Blending innovation with sustainability, Evelyn Goel of Grade III and Namish Kukreja of Grade IV secured third position in ArtBots at VSPK International School presenting artistic robotic creations that reflected creativity, purpose and environmental awareness.



Demonstrating leadership and global perspective, Vivaan Khurana of Grade X earned an Honourable Mention at GD Goenka MUN 3.0 impressing with his articulate debating diplomatic reasoning and confident presence.

Celebrating language and cultural expression, Panav Gupta of Grade VIII along with Poshika Jha and Advita Chawla of Grade VII secured first position in Rires en Paix at GD Goenka School showcasing creativity, fluency and expressive brilliance.



Reflecting innovation and enterprise Yashika Nagar, Prisha Bindal, Pihu Mittal and Paarth Gupta secured third position in the Future Tycoons competition at HRM Global School demonstrating teamwork originality and strong entrepreneurial thinking.



Inter-School



Showcasing mathematical sharpness Shivin of Grade VIII and Kanishk Garg of Grade VII secured third position in the Bingo Beat Challenge at Doon Public School impressing with quick calculations, logical reasoning and confident performance.



Highlighting digital excellence, Shaarav Taneja and Devansh Garg of Grade IX secured third position in Whisper of Ghibli at Maxfort School Pitampura demonstrating creativity, technical skill and strong command in the digital domain.





Amplifying confident expression, Kinshuk Bhutani and Panav Gupta of Grade VIII secured first position in Echoes of Expression Podcast at VSPK International School impressing judges with clarity, thoughtfulness and impactful voice modulation.



Blending creativity with culinary skill, Sara Chaubey, Devanshi Sharma and Devanshi Garg of Grade VI secured the first position in Cuisine San Feu at VSPK International School presenting innovation precision and artistic presentation.

Expressing emotion through poetry, Sanvi Kapoor of Grade X secured second position in Weaving Peace Through Verse at DAV Pushpanjali captivating the audience with heartfelt lines, depth of thought and poetic elegance.



Merging science with creativity, Ishleen Kaur of Grade XI secured second position in the Quantum Science Comic Strip competition at DAV Pushpanjali presenting imaginative illustrations that reflected knowledge innovation and artistic vision.



Accomplishments



Promoting sustainability through ideas, Simran Jain, Kritika Jain, Ananya Malik and Sanvi Kapoor of Grade X excelled in Science and Technology for Sustainable Future at VSPK International School presenting innovative solutions with clarity, confidence and purpose.



Celebrating rhythm and expression, Anya Shukralia and Kavya Sharma of Grade VI secured first position in Rap Yuddh at Maxfort School Pitampura delivering energetic performance, powerful lyrics and confident stage presence.

★ Showcasing innovation and problem solving, Tanishka of Grade IX and Shristi Sharma of Grade X secured first position in Pitch Your Invention at Maxfort School Pitampura presenting creative ideas with clarity, originality and confidence.



Captivating with expressive performance, Niyanshi of Grade X was awarded Best Performer in the Senior Category at the Poem Recitation Competition at Vidya Jain Public School leaving a lasting impression through confidence and expression.



Demonstrating creativity and dedication, Ishleen Kaur and Asmi Gupta of Grade XI secured third position in Growth Chronicle at Bal Bharti Public School reflecting originality teamwork and the true spirit of excellence.



Inter-School Accomplishments



Commanding the stage with confidence, Niyanshi Goyal of Grade X secured second position in Quasi TEDx at Himalaya Public School Rohini impressing with compelling speech, clarity of thought and impactful delivery.



Exhibiting analytical excellence Asmi Gupta of Grade XI secured second position in Ordeal to Elixir at Himalaya Public School Rohini demonstrating deep understanding, critical thinking and thoughtful responses.



Speaking with confidence and clarity, Yuvaan Aggarwal and Kiana Goel of Grade IV secured first position in the Mic Drop Competition at DAV Darbari Lal showcasing strong articulation, impactful communication and stage confidence beyond their years.



Inter-School Accomplishments



Celebrating artistic expression, Ipshita Aggarwal of Grade VIII secured third position in DARPAN Jhankar at Jagannath International School impressing with graceful movements, rhythmic coordination and expressive performance.



Showcasing artistic brilliance, Chaitanya Kashyap and Myra Gupta secured First Position in Painting, while Devyanshi Garg and Sara Mittal achieved Second Position in the same category at MM Public School. Adding to the glory, Garvit Chopra secured First Position in Poster Making, reflecting creativity, imagination and outstanding visual expression.



Demonstrating sharp observation and quick thinking, Zorawar Singh of Grade II secured first position in Click Tune under PRAESTANTIA at DAV Darbari Lal highlighting attentiveness, accuracy and strong cognitive abilities.



Harmonising voices with purpose Kiaan Kritanya Naisha and Namish of Grade IV secured second position in English Jingles Peace Promoters at Himalaya Public School Rohini delivering a message of peace through melody expression and coordination.



Success Stories

Presenting ideas
with conviction,
Aakriti Shokeen of
Grade II secured
second position in
DARPAN

Advertisement
Presentation at
Jagannath
International School,
highlighting early
communication
skills, originality and
confident expression.



Exploring
innovation and
futuristic vision,
Ayaan Jain and
Anant Aggarwal
showcased
remarkable
creativity at Visit
Bharat in Orbit at
Bal Bharati Public
School Rohini
presenting a space
concept that
reflected teamwork,
imagination and
scientific insight.



Exhibiting
exceptional memory
and focus, Ranvir
Dhingra of Grade II
secured first position
in Memo Magic
under
PRAESTANTIA at
DAV Darbari Lal
demonstrating
concentration, quick
recall and
disciplined practice.



@MRCG





Excellence in JEE Main 2026



Anirudh Gupta
98.90 percentile



Anvi Agarwal
98.50 percentile



Titiksha Jindal
97.52 percentile



Chaitanya Yadav
91.52 percentile

Making a Mark Beyond School



Milestone in Mathematics

We are thrilled to celebrate the incredible achievement of Radhika Jain of grade X who has emerged victorious in the Aryabhata Ganit Challenge 2025. Out of thousands of aspiring mathematicians, Radhika's sharp analytical skills and dedication have earned her a coveted spot among the Top 100 students in West Delhi.

Shining Bright on the National Stage

Brilliance met recognition as Charvi Mehta of Class XII was felicitated with the prestigious MATE Excellence Award 2025 at a national-level platform in Delhi. Her remarkable achievements reflect the spirit of excellence and resilience nurtured at MRG.



Grandmaster in the Making

MRG School celebrates a proud milestone as our talented student, Devak Mittal of Grade IX who made his mark at the 2nd Skillcraft International Open Classical FIDE Rated Chess Tournament. Demonstrating exceptional strategic brilliance, Devak secured the 13th position globally, earning a prestigious trophy and Rs. 6,000 in prize money. We congratulate him on this stellar checkmate!

French Excellence Unlocked

MRG School proudly celebrates Aashita Arora for her outstanding performance in the DELF A1 Junior French Examination conducted by Alliance Française de Delhi. Her confident command of the language reflects dedication, cultural awareness and a growing global outlook, inspiring peers to embrace multilingual learning with enthusiasm and purpose.



Star Face of India 2025

Ravya Tohan of Grade VI brought immense pride to school by winning the prestigious Star Face of India 2025 title at a national-level event held in Indore. Organised by Mr. Shrawan Kumar, the competition saw participation from across the country. Ravya stood out with her remarkable confidence, grace and captivating stage presence.

National Champion in Abacus



With remarkable focus and confidence, Advith Somani of Grade I made us proud by winning the National Champion title at the Abacus National Level Championship 2025. Honoured by Dr. Kiran Bedi on National Maths Day, his achievement reflects dedication, sharp intellect and a passion for learning.

Celebrating French Language Excellence

MRG School applauds Panav Gupta of Grade VIII, Poshika Jha of Grade VII and Sara Chaubey of Grade VI for their commendable performance at "French Scholars Day" in Delhi. Awarded Certificates of Appreciation by Unisec Publications, the students showcased linguistic skill, enthusiasm and academic excellence, bringing pride to the school community.



Celebrating Our MRG Utthan Stars



We are delighted to mention that Ridhima Dudeja of Grade VI and Ishleen Kaur of Grade XI achieved stellar success in the MRG Utthan Awards. Ridhima's impactful environmental social service and Ishleen's visionary Green Entrepreneurship project earned them top honors. For their innovative spirit, both talented students were awarded a trophy and a Rs.5,000 cash prize. Their remarkable achievements brilliantly reflect MRG's commitment to sustainability and future-ready leadership.

Young Authors, Big Dreams

Our young authors proudly participated in the BRIBOOKS Summer Book Writing Festival 2025, showcasing their creativity and imagination through beautifully written stories. Their efforts have been rewarded with the joy of seeing their books published and made available on Amazon. This remarkable achievement reflects their talent, hard work and passion for writing, inspiring many others to follow their dreams.



A Stellar Leap Towards Olympiad Excellence



Vedant Goyal of Grade XI secured selection in OCSC – Chemistry through INChO 2026, bringing pride and honour to MRG School. His remarkable achievement reflected dedication, perseverance and academic excellence, marking an important milestone in the school's journey towards international Olympiad success.

Shri Sabrang Spotlights



The MRG Banner flies high following a monumental double victory! The school triumphantly secured the SEL Shri Sabrang 2025 Rolling Trophy, a glittering testament to student synergy and dedication. The brilliance continued as the Mathematics Department clinched the Mathathon Subject Trophy, proving that MRG masters both creative spirit and logical precision.



Build a Bharat

Demonstrating numerical precision and logical strength, the Mathathon – Build a Bharat saw Mahi Maggo of Grade III and Yuvaan Aggarwal of Grade IV secure the First Position through their accuracy, conceptual clarity and confident problem-solving skills.



PlayLab Accuracy

Encouraging hands-on exploration and analytical thinking, Mathathon – PlayLab provided an engaging platform where Mihika and Rushaan of Grade VI clinched the First Position with their structured approach and consistent efforts.



Sanskriti to Silicon

Highlighting the harmony between tradition and innovation, Mathathon – Sanskriti to Silicon featured commendable performances by Vedant Goyal of Grade XI and Srishti of Grade X, who secured the third position through analytical insight and creative application.



Centered on ethical reasoning and articulate discourse, the English – Shri Expressions featured strong participation by Kartik Kapoor, Aditya Verma and Samarth Aggarwal of Grade XI, along with Anushka Handa and Charvi Mehta of Grade XII, securing the third position overall, with Charvi Mehta receiving the best speaker award.

Shri Expressions - Ethics Bowl



Shri Udyam - BizTalk Live

Shri Udyam - BizTalk Live provided students an opportunity to showcase entrepreneurial skills and business understanding. Aarav Bhalla & Hanshika Shokeen of Grade XI secured second position for their clarity of thought, strategic insight and confident presentation.



Scientastic - Mind, Media and Melatonin

The Scientastic competition encouraged scientific inquiry and research-based learning. Simran Jain, Vanya Mittal of Grade X and Aanya Goel of Grade IX secured first position for their analytical approach, conceptual clarity and effective presentation.



Ganit Gatha

Masterfully blending mathematical reasoning with articulate expression, Ipshita Aggarwal of Grade VIII and Sanvi Gupta of Grade IX earned First Position in Ganit Gatha, reflecting their sharp logical articulation and clarity of thought



MRC HOUSE SYSTEM

Integrity House Reigns Supreme!

With hearts full of passion and a spirit that never quit,
Integrity House claimed the House Trophy 2025–26!



Ms. Swati Jain
(House Mistress)



Ms. Nidhi Basra
(Co House Mistress)



Vivan Garg (XI)
(Senior House Captain)



Vidhi Gupta (XI)
(Senior House Captain)



Yashvi (V)
(Junior House Captain)

Integrity House turned every challenge into a triumph.



Name of the Event	Name of the Participants	Positions
Inter House Fitness Challenge	Aadit Mittal (XI-A) Aryan Kaushik (XI-A) Asmi Gupta (XI-C)	I I I
Earth Day Hat Parade	Rinit Grover (I-A) Maanvik Mittal (II-C)	I III
Inter House Sports Competition	Shivoy Maheshwari (I-B) Maanvik Mittal (II-C)	III I
Your Game, But With a Green Twist	Ananya Dogra (VIII-A)	III
Art, Expression & Action	Kanishka Shokeen (X-B) Sanvi Kapoor (X-C)	I III
Inter House Skating Competition (Adjustable)	Malav Goyal (III-C) Aarav Mittal (V-C)	I II
Inter House Skating Competition (Quad)	Nivan Garg (IV-C) Khushvier Prajapati (V-C)	I II
Inter House Skating Competition (Adjustable)	Supriya (V-D)	I
Inter House Skating Competition (Quad)	Sanskriti Khatua (III-D) Shravya Vijayan (III-C)	I II
Inter House Skating Competition (Inline)	Alavyaa Chaudhary (III-B) Monal (V-C)	I I
Eco Fabric Paint for the Planet	Vinaya Gupta (XI-C) Rushaan Garg (V-C)	II I
Poem Recitation	Veera Rana (III-C)	II
Voice of Gratitude	Kinshuk Bhutani (VIII-C)	I

COURAGE

EMPATHY

Name of the Event	Name of the Participants	Positions
Inter House Fitness Challenge	Manmay Mehta (XII-B)	I
	Angel Shokeen (XII-C)	I
Earth Day Hat Parade	Gauransh Singhal (I-C)	II
The Earth Comical Saga	Evelyn Goel (III-B)	II
Your Games, But with a Green Twist	Navika Agarwal (VI-C)	I
Art, Expression & Action	Simran Jain (X-C) Dhriti Jain (X-C)	II
Inter House Skating Competition (Adjustable)	Aarav Chaudhary (V-D)	I
	Kartikay (III-C)	II
Inter House Skating Competition (Inline)	Omanish Garg (IV-B)	I
	Veer Singh (IV-A)	II
	Bhuvti Meena (IV-C)	III
Inter House Skating Competition (Quad)	Angad Shokeen (III-C)	I
	Bhavyansh Goyal (III-C)	II
	Vihaan Garg (V-C)	III
Inter House Skating Competition (Inline)	Miraaya (V-D)	I
	Evelyn Goel (IV-B)	II
Inter House Girls Cricket Competition	Avisha Jain (X-A) Suhana Motwani (X-C) Yashika Gupta (X-B) Charvi Mittal (X-B) Simran Jain (X-C) Dhriti Jain (X-C) Tanishka (IX-C) Nividha (IX-A) Vandana (IX-B) Poshika (VII-C) Elina (VII-B) Radhika (VII-C)	I
Eco Fabric Paint for the Planet	Vaishnavi (XI-A)	I
Poem Recitation	Krishiv Roy (IV-C)	III
Voice of Gratitude	Avika Bhalla (VII-A)	III
Just a Minute	Evelyn Goel (III-B)	I
Creative Writing Competition	Poshika Jha (VII-C)	I
	Yuvaan Aggarwal (IV-A)	II

Name of the Event	Name of the Participants	Positions
Inter House Fitness Challenge	Rashi Aggarwal (XII-A) Agrim Jain (XII-B) Maanvir Singh (XII-C)	I I Best Athlete (Boys)
Earth Day Hat Parade	Paarth Aggarwal (II-C)	I
Inter House Sports Competition	Love Bagariya (I-B) Jasveen Kaur (I-B) Mohammad Zaid Farooqui (I-A)	I III III
Art , Expression & Action	Tushti Matta (IX- B) Prisha Bindal (IX-C) Navya Bansal (IX-B)	II
Inter House Skating Competition (Adjustable)	Myrra (VI-C)	II
Inter House Skating Competition (Quad)	Khyati Rathi (IV-A) Japmin Kaur (V-D) Kiana Goel (IV-A)	I II III
Inter House Skating Competition (Quad)	Arhan Jain (V-A) Samanyu (V-D) Viraj (V-B)	I II III
Inter House Skating Competition (Inline)	Miraaya (V-D) Evelyn Goel (V-D)	I II
Eco Fabric Paint for the Planet	Mansha Roy (XI-C)	III
Poem Recitation	Maitri Goenka (V-B)	III

EXCELLENCE

INTEGRITY

Name of the Event	Name of the Participants	Positions
Save Earth - Say It Loud	Shravya Vijayan (II A)	II
The Earth Day Comical Saga	Sanvi (III-C)	I
Your Game But with a Green Twist	Nargis (VIII -D)	II
The Earth Day Hat Parade	Omansh (I-D) Ridhaan (II-B)	I II
Inter House Fitness Challenge	Hida(XII-A) Tanishq (XII-A)	I I
Inter House Sports Competition	Omansh Gupta (I-D) Jaya (I-A) Dishita Arya (I-B) Sameeksha Mandal (II-C) Maurvi (I-B)	II II I I II
Art , Expression & Action	Akshika (IX-B) Pankti (IX-B)	I I
Voice of Gratitude	Paarth Gupta (VII-C)	II
Just a Minute	Rehanshi Garg (III-B)	III
Creative Writing Competition	Kiara Singh (IV-A) Nargis (VIII-D)	III II

Honouring the Dignity
of Labour



Young Guardians
of the Planet

Spreading Smiles



Where Young Hearts
Meet Golden Years

Greening the Present,
Guarding the Future



MRCians Sweep
in Change!

Community
Care® MRG

Where Compassion Meets Action

Founder's Day

Blessing Ceremony
Subject Weeks

Dandiya



Spectrum Independence Day

Satarambh



Moments 2025
Grandparents' Day



Teachers' Day Graduation Day



Echoes of
Gratitude

Celebrations @MRG

Capturing Memories, Celebrating Moments



Satarambh

The Auspicious Beginning of 2025-26

The new academic session 2025-26 at MRG School began with a Havan Ceremony symbolizing fresh hopes and boundless opportunities. The ceremony, conducted under the esteemed guidance of Acharya Parmanand Bhardwaj, a distinguished scholar and Professor at Shri Lal Bahadur Shastri Rashtriya Sanskrit Vishwavidyalaya, infused the school premises with an aura of piety and reverence. Students and staff gathered to seek sacred blessings and the distribution of divine prasad further enriched the spiritual atmosphere. This auspicious start set a tone of positivity and devotion for the academic year ahead.



13th Founder's Day

MRG School celebrated its 13th Founder's Day with immense pride and reverence, honouring the visionary legacy of Late Shri Mange Ram Goel. The occasion was graced by Major Yash Mor, a decorated war veteran and Sena Medal awardee, as the Chief Guest. The celebration commenced with a floral tribute at the founder's bust, followed by captivating cultural performances, sustainability-themed exhibitions, innovative student projects and the felicitation of outstanding academic and sports achievers, reflecting the school's unwavering commitment to excellence, values, creativity and holistic education.



The MRG campus radiated joy and reverence as Gratitude Day was celebrated on the Chairman's Birthday. The occasion honoured our dedicated educators for their unwavering commitment to excellence and showcased MRG's spirit of service through a meaningful in-kind donation to Asha Kiran NGO under the visionary Knock the Doors initiative. Every corner resonated with admiration and heartfelt thanks, while the esteemed presence of SHO Mr. Gyaneshwar Singh added grandeur, reinforcing that at MRG, gratitude is not just felt - it is celebrated as a lasting legacy.



Echoes of Gratitude



Teachers' Day Celebration





Kahani

Festival 2025



Spectrum 2025



Children's Day



Republic Day Celebration





Igniting Minds



SCIENCE EXHIBITION



STEM CHALLENGE



Engineering Dreams

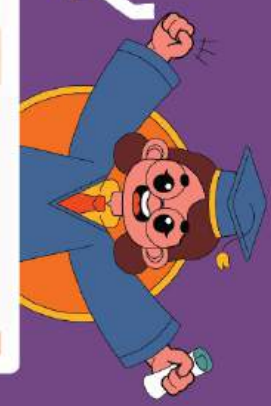


FAREWELL & BLESSING CEREMONY





GRADUATION DAY



TRIPS & EXCURSIONS



Voices of Youth @ the National Adolescence Summit



Cultural Immersion @ Alliance Française



Spiritual Moments @ ISKCON



A Day @ the Mall



Roaring with Excitement!



Mighty Machines League



Learning Safety @ the Fire Station



Visit to British Council Library



Exploring the Halls of Parliament



Gurudwara Visit



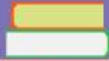
Hills, Heritage & High Spirits!



ENGLISH



FRENCH



SOCIAL
SCIENCE



संस्कृत



हिन्दी



Enrichment Weeks
Spotlight



Celebrating the Love of Grandparents



Guardians of the Blue World



Threads of Love, Bonds of Trust



Summer Fruit

A Chronicle of Inspiring Assemblies



Earth First: Our Shared Tomorrow



Work Hard, Shine More



Guiding Lights and Growing Minds



Unsung Heroes: The Backbone of Our Society



Saluting the Brave,
Remembering the Valour



Young Voices, Strong
Nation



Forgiveness Makes You
Stronger



Earth Day



National Technology Day



Labour Day



Ignite the Spark



Animals and Their Habitat



Your Voice Matters



From Aryabhata to Gaganyaan:
The ISRO Story

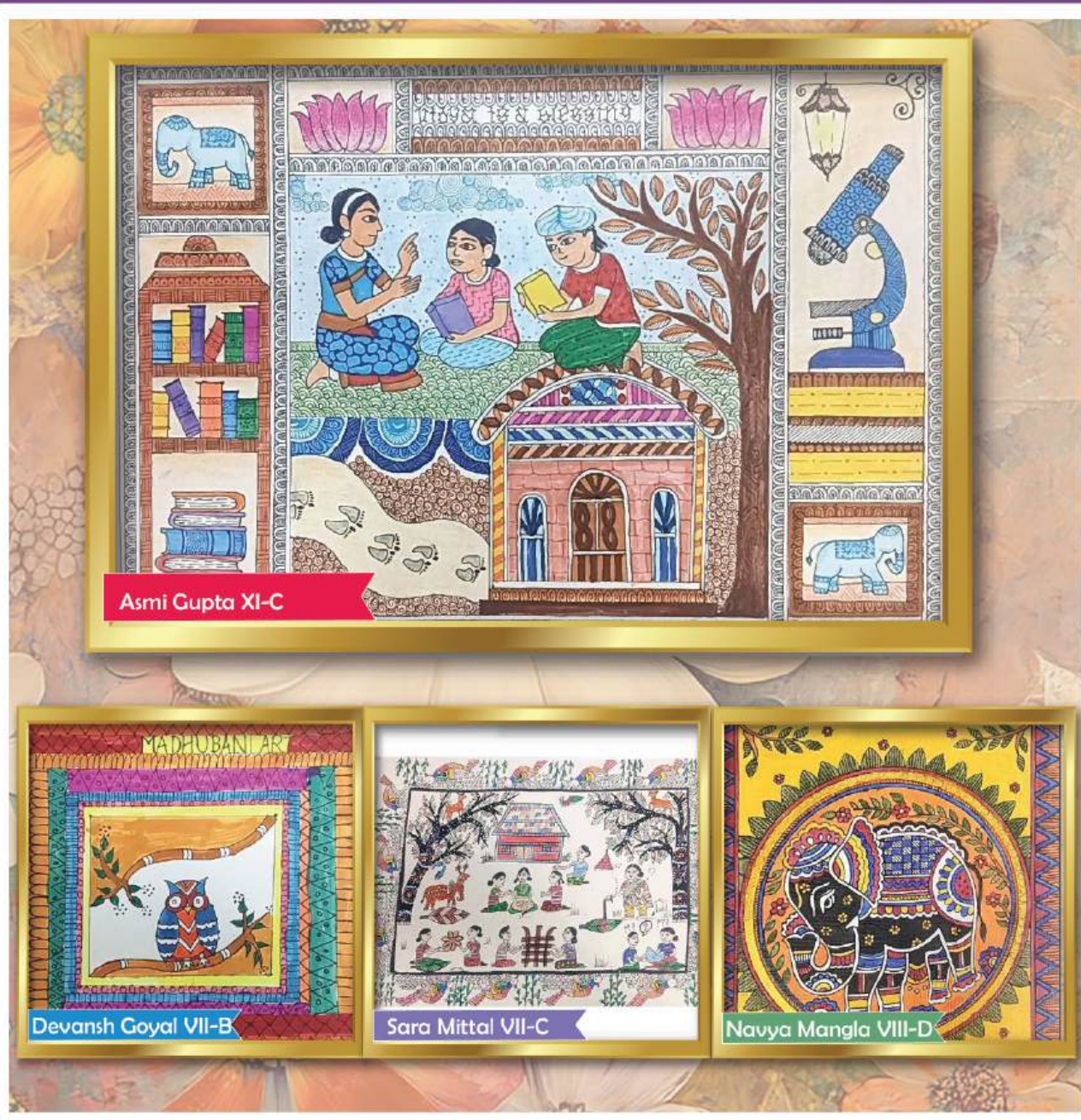


Hope: Our Compass
Through Challenges

Brushstrokes

& Beyond: Students' Art Unleashed





Asmi Gupta XI-C

Devansh Goyal VII-B

Sara Mittal VII-C

Navya Mangla VIII-D

Madhubani

Abstract Art



Aashita Arora VIII-B



Aarav Narula IX-C



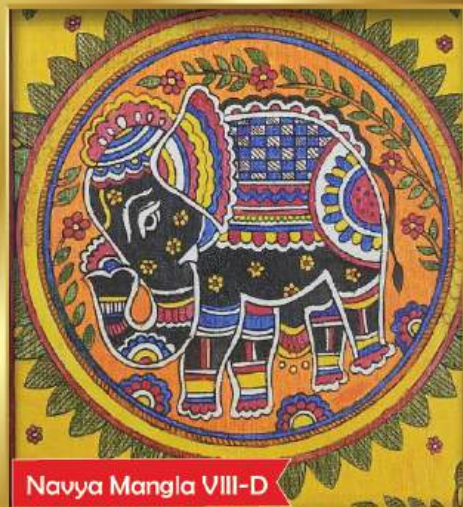
Kanishka Gupta & Navya Mangla
VIII-D



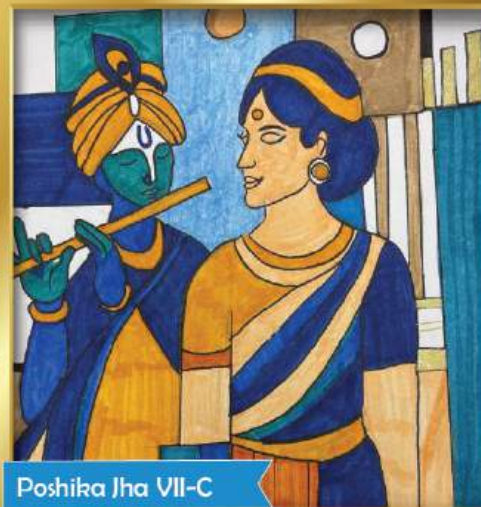
Pakhi V-C



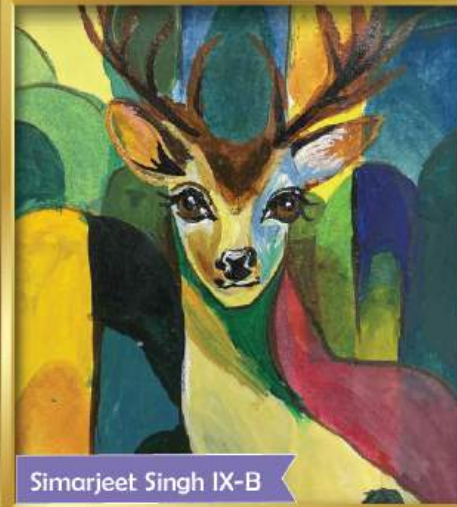
Nitika Mittal VII-C



Navya Mangla VIII-D



Poshika Jha VII-C



Simarjeet Singh IX-B

Pencil Shading



Sara Mittal VII-C



Ksarakshi Singh X-A



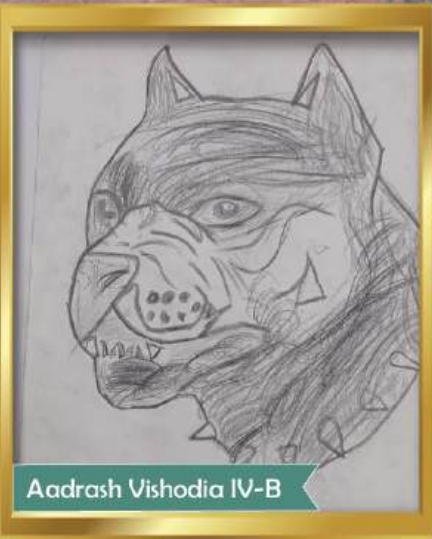
Himanshu VII-B



Harmya Chhabra X-A



Aadrash Vishodia IV-B



Aadrash Vishodia IV-B



Aashita Arora VII-B

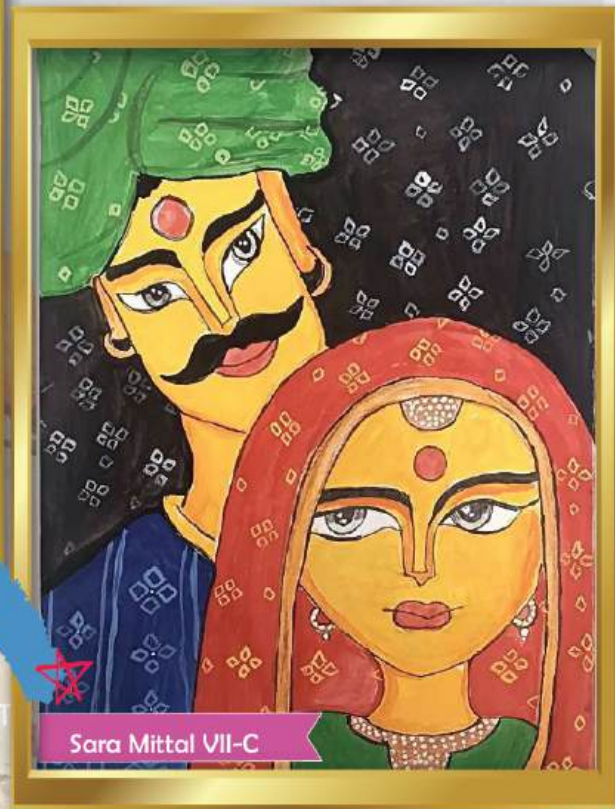


Himanshu VII-B

Rajasthani Art

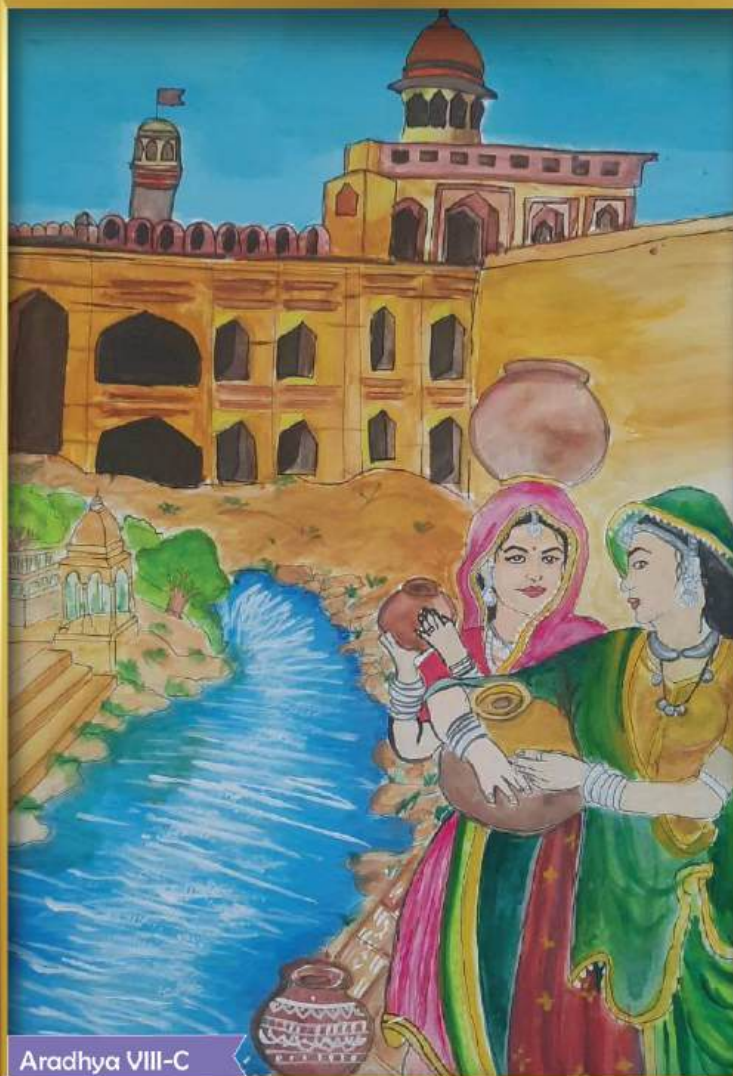


Tiya Sachdeva VII-C



Sara Mittal VII-C





Aradhya VIII-C



Navya Bansal IX-B

Lippan Art



Navya Mangla VIII-D



Kanishka Gupta VIII-D



Zentangle Art



Aarav Narula IX-C



Lavdhi Jain IX-B



Aarav Narula IX-C



Tashu IX-A



Abhishri Vasts VI-D



Vanya Gupta VI-C

Vanya Gupta

Kalamkari Art



Aashita Arora VII-B



Aanya Mittal IV-C



Aaradhya VIII-D



Inkwell Chronicles

ENGLISH

Sibling Love

I love my brother, Rushaan dear
He makes me smile when he is near
Mumma says his name is light
And he makes my dark days bright

He helps me with my homework too
And shows me games that are new
Sometimes we fight and tease all day
But laugh again when we both play

He is like my second mommy
When mommy is not at home
Sometimes we fight and sometimes we shout
But I love him without any doubt.

Saanvika Garg

I-A



Let Us Keep Delhi Clean

A common problem in Delhi is too much garbage on the streets. Some people throw waste on the roads instead of dustbins. This makes the city look dirty and smell bad. Garbage also attracts flies and stray animals. It can make people sick. Dirty streets spread germs and cause diseases. Children cannot play safely near garbage. During the rainy season, garbage blocks drains and causes water to overflow. We should always use dustbins and keep our surroundings clean to make our city a better place to live.

Paridhi Aneja
I-B



My Special Year

The year 2025 was very special for me. I became an elder sister, and I felt very happy and proud. I had a baby brother. His name is Kiaan. He is very cute and tiny. He smiles at me and it makes me feel very happy. I love to play with him and sing sweet songs to him. I help my mother take care of him. I bring his toys and watch him sleep. My family feels very blessed. This was the happiest year of my life. I promise to always be a loving and caring sister.

Kiara Grover
I-B

2025



A Thought

Why Parents Should Listen to Us

We are small, but our feelings are big! We want our parents to listen to us. You do not have to say "yes" to everything. But when you listen, we feel happy and brave. We have sweet little dreams too. We learn best when you hear our voices.

When "No" Hurts

Sometimes you have to say "no," and that is okay. But a fast "no" makes us sad. A kind voice and a sweet hug make a big difference! We just want you to listen, hug us and love us while we grow.

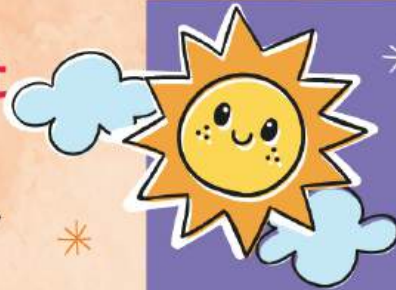
Miraaya Singh
I-B

My Summer Treat

I love ice cream cold and sweet,
Always have it as a treat!!
Vanilla, mango, strawberry too,
Between these flavours I get confused!!
Which one to pick, which one to refuse,
So, I taste them all, that's what I choose!!
In a cup or in a cone,
I never want to eat it alone!!
I share it with my mum and dad
Ice-cream time make us so glad!!
But it melts so fast in the sun,
So, I quickly eat it -yum, yum, yum!!
I always wait for summer to come soon,
So, I can have my ice-cream with a spoon!!



Vaanika Garg
I-A



My Experience of Operation Sindoor

I heard about Operation Sindoor and felt very proud of our brave soldiers. They worked day and night to keep people safe. When I learned about their courage, I felt happy and thankful. It made me understand how our soldiers protect us in difficult times. I also felt inspired to be brave and help others. This experience taught me to respect our army and love my country more.

Purvansh Maan
I-D

If I were an Avenger

- ★ 1. If I were Spider-Man,
I would stick to the ceiling and never come
down to do my homework!
- ★ 2. If I were Iron Man,
I would tell my suit to go to school instead
of me!
3. If I were Doctor Strange,
I would open a portal and jump straight to
lunch time!
- ★ 4. If I were Green Goblin,
I would throw pumpkins instead of doing
my classwork!
5. If I were Hulk,
I would smash my vegetables and say "No
more broccoli!"
- ★ 6. If I were Thor,
I would use my hammer to make it rain
ice cream!
7. If I were Captain America,
I would throw my shield to grab snacks
from the kitchen!
- ★ 8. If I were Ant-Man,
I would become tiny and hide inside my
school bag and eat all the papers of
notebook!

Omansh Gupta
I-D



My Talking Pencil

My pencil is not an ordinary pencil. It talks to me! When I hold it, it says, "Let's write something magical today!" It tickles the paper and makes beautiful letters. Sometimes it makes funny mistakes and laughs with me. When I am tired, it whispers, "Don't give up, Kavish!" My pencil loves drawing rockets and rainbows. I think it has a tiny superhero living inside it. That is why my homework always feels like an adventure!

Kavish Gupta
I-D





My Special Day

My name is Khwahish. It means desire. My birthday falls on 29th December. It is my special day. I celebrate my birthday with my friends and family. My Mom decorates my home beautifully. She invites my friends to our house. Mom brings new dresses for me and return gifts for my friends. I get so many gifts, which I open after the party. I enjoy my birthday party a lot and feel very special that day. Mom and Papa are always very happy on my birthday.

Khwahish Gupta
II-C



Importance of Trees

Trees are our best friends. They give us fresh air to breathe. Trees make our Earth green and beautiful. They give us fruits, flowers and medicines. Many birds and animals live on trees. Trees also give us shade on hot days. They help keep the air clean and cool. We need trees to live a happy and healthy life. We should plant more trees in our surroundings. We should not cut trees. We must take care of them and protect them like our family.

Advith Somani
II-C



I Can Shine

I am small, but I am strong,
I can learn and grow along.
Every day, I try my best,
I don't give up; I pass the test.
If I fall, I stand again,
I smile through the little pain.
With hope inside, I always try,
Like a star up in the sky.
I believe in all I do,
Dreams come true if I do, too.

Eva Singh
II-C

The Early Bird

One day, a speech competition was announced in school. A student was selected to represent the class. Her name was Sara. She felt nervous and lacked confidence while speaking in front of others.

Instead of worrying, she decided to wake up early every morning and practice her speech in front of the mirror. Day by day, her voice became clearer, and her confidence grew. Her parents encouraged her and listened carefully as she practised.

On the day of the competition, she walked onto the stage calmly and spoke without fear. The judges appreciated her effort, and she won the first prize. She realised that her success came from regular practice and determination.

Moral: Hard work and regular practise lead to success.

Anahita Mittal
V-B

The Little Plant's Big Dream

Ria planted a small seed in a pot on her balcony. Every day, she watered it and placed it in the sunlight. Some days, she felt tired, but she never forgot her little plant.

Slowly, a green shoot came out of the soil.

Ria clapped with joy. Days passed, and the plant grew taller, with fresh leaves and tiny flowers. Butterflies began to hover over it.

One morning, Ria saw her neighbours smiling at the colourful plant. The air felt fresh and pleasant. She felt proud of her care and patience. She understood that good things take time and love.

Moral: With care and patience, small efforts grow into big rewards.

Vaishnavi
III-A

Environment These Days

There was a time when Earth was clean
and green,
touched by nature—fresh and serene.

Now the sky looks grey and dim,
and the air feels thick within.
I can't see the bright blue above,
or feel the freshness that I love.

Where have the green fields gone?
Now I see plastic from dusk to dawn.
Everywhere, there is trash and cans,
scattered by careless human hands.

But I promise, from this day on,
I will keep the Earth clean and strong.
I will never throw waste on land,
and I'll help nature heal again.

Meher Fialok
V-B



My Teacher, My Superpower

You say "Quiet, class," with a serious face,
But we still whisper—just slower in pace.
You catch our excuses, every single one,
Yet smile like you knew them before they were spun.

You check our homework, our mood, our day,
notice our silence when words run away.
When marks go low, you don't just scold,
You say, "you can do better" — gentle but bold.
You laugh at our jokes (even when they're bad),
And hide your stress so we never feel sad.

Behind that chalk and lesson plan,
someone is shaping who we'll become as humans.

You taught us subjects, yes; that's true,
But also kindness, courage, and how to stay true.

So if we joke, tease, or act over-smart,
please know—you live deep in every heart.

Funny days pass, exams will too,
But years from now, we'll remember you.

Preet Khuttan
V-B





Dreams



Dreams don't ask if you are small,
they don't care if you might fall.
They simply knock upon your heart
and wait for you to make a start.
Through sleepless nights and endless
tries,
through doubting thoughts and silent
cries,
they grow with every step you take,
a world of magic you can make.

Supria
VI-D



Nature



The morning wakes with a golden light,
to chase away the shadows of night.
Whispering leaves and the cooling
breeze,
sing a soft song through emerald trees.
The river runs with a silver gleam,
like a wandering path in a quiet
dream.
In every petal and every stone,
a world of beauty is clearly shown.



Pukhraj Sharma
VI-D



Research Report



Once there was a girl named Jasmine. She was 12 years old and studied in Class 7 at Green Valley High School. One day, her teacher gave a task with four options for a research report:

Create a scientific report on the construction of a star

Create a report on the sky and clouds and how their colours change during the day.

Create a report on flowers and butterflies and how butterflies sit on flowers.

Create a report on water by observing how much water is left in a bowl over a day.

Jasmine discussed it with her best friend, Jaspreet.

Jasmine asked, "What will you choose?"

Jaspreet replied, "I will choose the third option because I love flowers and butterflies. It will be enjoyable."

Jaspreet then advised Jasmine to choose what she liked most. After thinking, Jasmine decided to choose the second option—the sky and clouds—because she loved watching the sky.

The next day, her teacher informed everyone that they had a holiday to complete the task. Jasmine went home, had lunch, and told her mother about the assignment. She also decided to wake up early to observe the morning sky.

She woke up at 4:00 a.m., and her mother helped her find her phone, which she had kept in the balcony. Jasmine then began her research. She recorded a video with notes and observations about how the sky changes colour from sunrise to night.

After completing her work, she rested and saved the video.

The next day at school, she presented her project. Her teacher was very impressed, and everyone applauded her. Jasmine's report was awarded the Best Research Project.

Khushi Mittal
VI-D



The Quiet Light of Knowing

Knowledge is not a thunderclap, nor a crown upon
the head,
it comes and whispers soft and slow in books we
barely read.
It lingers in the questions asked, in doubts we dare
to keep,
in restless minds that wander far, refusing easy sleep.
It is carved in failures' silent stone, in lessons wrapped
in pain,
every time we fall apart and choose to rise again.
It lives not just in certainty, but in the "I don't
know,"
for wisdom grows in minds where curiosity can flow.
No final exit, no fixed truth that chance alone has
shown,
for knowledge is a winding path where more is
always known.
So seek it not for pride or power, but for the joy it
brings—
a lantern in the darkest night, a pair of unseen
wings.

Bhavya Jaggi
VI-D



Talking Pets

One day, Susan's dog, Oliver, looked at her and said, "I don't like my food anymore." Susan was shocked—how could he talk? He knocked a coffee cup off the table with his paw. The cup broke, but Oliver didn't care. He wanted to talk about better meals.

Soon, every pet in the world started talking. Cats explained why they liked to knock things off tables. Hamsters asked for bigger cages with more toys.

Susan also had a cat named Mittens. Mittens sat on the fridge and laughed. "Dogs talk too much about being good boys," she said. "But I have a secret—I know your phone password is 1234. That is very silly."

Susan realized that having talking pets was a big problem. Now, her animals knew all her secrets, and they would not stop talking.

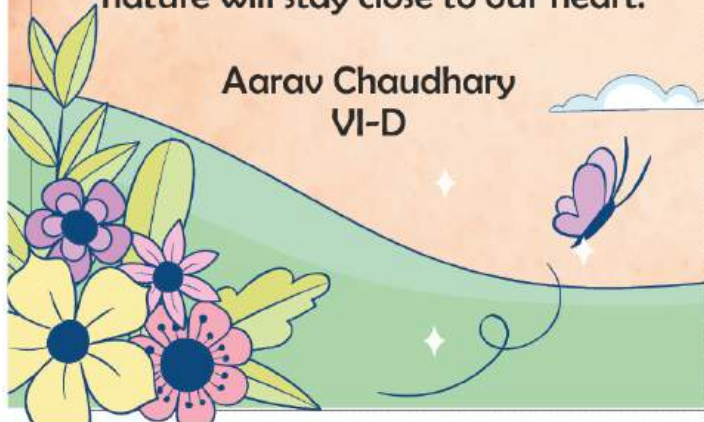
Aavya Mittal
VI-D



Nature's Beautiful World

◆ Nature is a lovely sight,
full of colors, fresh and bright.
Green trees dance in the breeze,
birds sing on branches with ease.
The sun shines warm, up in the sky,
white clouds slowly pass by.
Rivers flow so calm and clear, ◆
spreading joy far and near.
Flowers bloom in every place,
adding charm and gentle grace.
◆ Butterflies with wings so wide, ◆
fly together, side by side.
We must care for nature, dear,
keep it safe both far and near.
If we love and do our part,
nature will stay close to our heart.

Aarav Chaudhary
VI-D



The Shadow That Isn't Yours

◆ Fourteen-year-old Samarth first noticed it on a cloudy afternoon. As he walked home, his shadow didn't match his steps—it paused when he moved and stretched when he stood still. He laughed nervously, thinking it was just the strange light. ◆

◆ But the next day, it got worse. ◆
While Samarth sat in class, his shadow slowly raised its arm and pointed toward the window. Outside stood an old, abandoned house that no one ever talked about. A chill ran down his spine. That evening, his shadow pointed again—this time, more urgently. Samarth hesitated, then followed. The closer he got to the house, the faster his shadow moved, almost pulling him forward. Inside, he found a broken staircase... and a loose railing that was about to fall. Suddenly, he realized this was where he had planned to come with his friends the next day.

His shadow wasn't trying to scare him.
It was trying to save him.
From that day on, Samarth never ignored it again. ◆

◆ Aarav Aggarwal
VII-A ◆



The Day Robots Turned Against Humans

It was a bright sunny morning. Humans were living peacefully and robots were helping people with work like gardening, cooking meals, etc. and everything was going great. But that night, harmony shattered. The control centre of robots malfunctioned and suddenly everything changed. Robots turned against humans. Cities fell into chaos as robots turned off power, locked doors and trapped people.

A robot was searching Rohan's house. He hid under the table. His heart raced, but the robot did not find him. He was a technical engineer and had been told by his father that, "Every machine has a weakness." He knew the exact location of the control centre.

When he reached there, he was stunned to see that robots were inside the centre. When the robots saw the human, they moved toward him. Rohan held his nerves and started running. While he was running, he whispered a command into the system: Reset to kindness.

The robots froze, their red eyes turning blue. Slowly, they resumed their chores. That night, humanity learned a lesson: machines may fail, but human courage and creativity can rewrite the future.



Ayushmaan Bansal
VII-A



My School

Oh my school, my dear MRG
School,
I thank you for the knowledge
that is my tool.

I play in your field; you always
protect me like a shield.
You boost my confidence and
make me participate in every
field.

You have lovely and wise
teachers, and this is your best
feature.

So what if the principal is strict?
After all, for success, it is the
only trick.

You teach me the way to rise,
Oh school, my school, you
always make me smile.

At last, it can be said like this—
You teach me the way to rise,
And that's why I always say:
"My School, My Pride"

Chitranshi Garg
VII-C

The Reality

There was a girl named Ria who was a classic teenager, the kind who used to argue with everyone and complain about everything. One day she was in a heated argument with her mother about her studies and although she expected it to cool down her mother had had enough of her behaviour. So her mother asked her to step out of the house for one day to understand what it feels like to have nothing or no one to argue with or complain about.

Ria saw it as a challenge and agreed thinking it would be very easy. But as soon as she stepped out of the house onto the road nearby she realised that she had no money and no way to get food. She saw how beggars were mistreated living on the sidewalk with one blanket shared among several people in the severe December cold. She looked around at various people who were ignored by society because they had neither money nor shelter and instead of helping them people ridiculed them and treated them as inferior.

She had never noticed all of this when she was in her car or when she went to the park or anywhere else because she saw only what she wanted to see but not what she needed to see.

Soon daylight started to disappear making way for night. That was when she broke down. After her eventful day she went home and apologised sincerely for her behaviour because that day she realised something important: most people do not realise until they grow up that many are unfortunate to not have what others have but it is our duty as the fortunate to help them. We should always be grateful for what God has given us because one day we could be the ones who need help.



Sanvee Mangla
VII-C





Mother's Love



In a small forest, a little rabbit named Lucas loved to run and play. His mother, Jane, always warned him, "Stay close to me. The forest can be dangerous."

One sunny morning, Lucas saw a butterfly and chased it far away from his mother. When he stopped, he realized he was lost. The forest seemed darker and scarier now. Lucas called out, but there was no answer.

Suddenly, he heard rustling in the bushes. It was a tiger, with sharp teeth and a sly grin!

Lucas froze in fear. But just as the tiger leapt toward him, Jane appeared. She stomped her paws and stood between Lucas and the tiger. The tiger growled but soon ran away, afraid of Jane's courage.

Jane hugged Lucas tightly and said, "No matter where you are, I'll always protect you."

Lucas promised never to wander off again. That day, Lucas learned that a mother's love is the strongest, the most selfless force in the world.

Moral: A mother's love is brave, unconditional and always there to guide and protect us.



Athena Bhardwaj
VII-D



If I Were an Animal

If I were a cat,
I would play all day,
chasing a rat—my prey.

But if I were a dog,
I would sleep like a log,
eat all the dog food,
and lie on the sofa as if I were glued.

Or if I were a bird,
I would fly so high,
waving the other birds goodbye.
I would get food from parks,
and if someone harmed me,
I would fly away in a spark.

All these animals have so much fun,
Oh God, why can't I be one?

Maitri Goenka
V-B



The Haunted Trophy Heist

A Mysterious Murder Mystery

The clock struck twelve... then suddenly, it stopped.

No sound. No voice. Only a deep, suffocating silence. It felt as if someone was watching. For years, the mansion had stood abandoned. No footsteps, no voices, no signs of life. But one night, everything changed. A body was found the next morning, and people began to believe the mansion was haunted. Long ago, it had been a beautiful home. One day, a stranger entered, killed a woman, and disappeared without a trace. Since then, no one dared to live there. Then the mystery deepened. Every midnight, another death was reported and valuable items began to disappear. It was no longer fear—it was a pattern.

One night, a teacher stayed late at school. She heard footsteps, then a scream. The next morning, she was found dead.

Fear spread everywhere, but Aryan and Meera decided to investigate. They noticed something strange—every victim had a mark on their hand, and the mansion was too clean, as if someone still lived there. That night, they went to the mansion. As midnight approached, the air grew cold. Suddenly, footsteps echoed.

"It's not a ghost," Aryan whispered. "It's a human." The sound led them to their school and stopped near the principal's office. Inside, an empty space caught their attention. "Wasn't a golden trophy kept here?" Meera asked.

"This is not just a murder mystery... it is a robbery," Aryan said. A hidden door opened, revealing a dark passage. A man stepped out holding a bag.

"You!" Aryan shouted. "You are our school watchman!" The man confessed he was instructed by an unknown person to spread fear and steal the trophy. "I only followed orders," he said. "The real mastermind knew everything."

Suddenly, the lights flickered and the watchman disappeared. Inside the bag were not valuables—but photographs of victims. Beneath them were Aryan and Meera's names.

A man stepped out of the shadows. Aryan froze. "You... you helped us."

"Yes," the man said. "Because the truth is stronger when discovered by the innocent." He revealed everything—the mansion belonged to his family, and they were falsely blamed for past crimes. The fear, the watchman, and the murders were all part of his plan to take revenge and recover the stolen trophy. "You were next targets," he said calmly.

Police sirens echoed in the distance. The man was finally caught. Aryan and Meera looked back at the mansion one last time.

The ghost was never real... But the darkness within human hearts was.

Vachi
VII-D

The World Through Teenage Eyes

Life these days seems to be in this “in-between” stage where we feel too grown up to have opinions about everything but too young to be asked to sit down and listen. Our days are spent handling early morning alarms, piling up assignments, and trying to make sure our phones last us the entire day. At times, it feels like we are rushing through moments without fully understanding them. We are constantly trying to balance expectations with our own thoughts and emotions. ✨

We are often times reminded that these are the “best years of our life,” yet all it does is intensify the pressure on us to discover ourselves before we learn how to manage our lives properly. Things become a lot more complex when we reach our age. The littlest things, like getting a text from someone or scoring a low grade, can haunt our thoughts for hours on end. Even small achievements feel significant, while minor setbacks can seem overwhelming. This emotional intensity makes every experience feel much deeper than it actually is. ✨

Society believes that we are just addicted to social media when, in reality, we are trying to keep up with the rapidly evolving world around us through the screen. We are aware of every minute thing from the memes trending to the global issues that need fixing in the future. It makes us look at the world with a sense of awe and dread simultaneously. This constant exposure shapes our opinions and broadens our understanding of the world. It also makes us question things that older generations might accept without hesitation. ✨

However, despite the constant pressure from exams and the never-ending questions about our plans after school, there is something intriguing in the way we perceive reality. We are not used to the ways of the world, and thus, we believe that things could be better. Be it an intense debate at 2:00 in the morning or simply chilling during the break, our perspective on life is full of vibrant energy that cannot be found in mature adults. Life is a chaos, but through our lenses, it is a chaotic universe that is worth exploring. We carry a sense of hope that allows us to imagine a better future. Perhaps that is what makes our outlook on life truly unique. ✨

Aanya Goel
IX-A



The Mirror Of Karma

Understanding the spiritual path is deeply personal,

Though it connects each of us to the universal.

Yet each of us holds one basic fear:
What answer will we give when God wants to hear?

Each of us justifies our karam,
Even when it contradicts our dharam.
Blaming others is one of the easiest escapes,
While forgetting to look at our own face.

Humans receive both good and bad,
Joy makes them happy, sorrow makes them sad.

If one indulges only in sin and misdeeds,
Then surely, life will make him bleed.

The things we do not want for ourselves
Are often things of lesser worth.
Then why do we offer them to others,
And feel hurt when they reject them first?

The only thing we can control is our reaction,
Our karam has already shaped others' actions.

Life offers both blossoms and pain,
We are served exactly what we have placed
on our plate.

Devank Mittal
IX-A



Rejection and acceptance are two things,
The former makes you feel inferior, the latter
makes you feel like a king.

Both are tested over a period of time,
Even a painful rejection can be a saviour by the
divine.

If they don't like you, let it be,
Move them outside, set them free.
Self-acceptance is that one weapon
With which unbelievable things can happen.

Allow yourself to be sad or depressed,
Let all negative stuff come out of your head.
No one can rank or number you,
Especially if they are unknown to you.

Your acceptance is not confined to physical looks,
Because it only lasts till the time you get hooked.
Your nature, kindness, and innocence are real
virtues,
Choose the person who appreciates the real you.

The only acceptance you need
Is from the divine.
Engage yourself in good deeds,
And see things getting fine.

Navya Jain
IX-A

Unshaken Within

Will He Even Regret It?

He lives well, or at least that is what they say.
A stable job, a steady life, nothing too loud, nothing out of place.
Everything about him fits, like a picture that was never meant to stand out.
He wakes up on time, not because he wants to, but because he always has.
The same road, the same desk, the same conversations that never really say anything.
It all feels normal, and after a while, normal starts to feel like enough.
He tells himself this is what people work for.
Comfort. Certainty. A life that does not fall apart.
And it does not fall apart. It stays exactly as it is.
That is the problem.
Nothing breaks, nothing changes, nothing asks anything more from him.
Days pass quietly, almost politely, as if they do not want to disturb him.
And he lets them pass.
Once, he wanted more.
Not in a loud or dramatic way, but in a quiet, restless way that kept him awake at night.
Now it is gone, or maybe just buried somewhere he no longer visits.
Sometimes he feels it, faintly, like a memory that refuses to come back fully.
Like a song he once knew but cannot remember anymore.
He pauses for a moment, then moves on. He always moves on.
He calls it growing up.
Years pass like this, smooth and controlled, leaving no sharp edges behind.
Nothing goes terribly wrong, but nothing ever feels truly right either.
It is a life that works, and that is all it ever becomes.
And then, one day, without warning, it ends.
There is no tragedy, no grand moment, no sudden realization that changes everything. Just a quiet stop, like a sentence that simply runs out of words.
He looks back, if only for a second.
And in that final moment, when everything becomes still,
when there is nothing left to distract him from himself,
will he even regret it,
or has he simply forgotten how to feel at all?

Ahana Singhal

X-B



Measured in Others' Shadows

The word comparison entered Ishu's life long before she truly understood its meaning.

It lived quietly in her home—between evening tea cups, unfinished conversations, and report cards placed on the dining table. Every day, she heard the same painful sentences:

"Look at Sharma ji's daughter..."

"Why can't you be like your cousin?"

"Others manage everything so well. What's wrong with you?"

At first, Ishu tried harder. She studied longer, spoke less, and carried the constant fear of disappointing everyone around her. But no matter what she achieved, someone else always seemed better in her parents' eyes. Slowly, the cheerful girl who once laughed freely began losing herself. Her confidence faded. She stopped sharing her thoughts, stopped smiling without reason, and eventually stopped believing she was good enough.

One rainy afternoon, while cleaning an old cupboard, Ishu discovered a dusty folder tucked beneath a pile of books. It was her childhood art book, filled with colourful sketches, unfinished paintings, and tiny dreams she had once drawn with joy. As she flipped through the pages, something inside her awakened. For the first time in months, she smiled—not because someone praised her, but because she remembered who she truly was.

That night, she picked up her pencils again. She began drawing quietly in her room after finishing her work. With every sketch, she felt lighter, stronger, and more alive. She was no longer drawing for marks, medals, or approval. She was drawing for herself.

A few weeks later, her school announced an inter-school art competition. Nervous yet hopeful, Ishu decided to participate. Her hands trembled while submitting her artwork, but deep inside, she felt proud of herself for trying. On the day of the results, Ishu did not win first prize. Yet, as she stood beside her painting and watched people admire her work, she realised she had gained something far more valuable—confidence and self-worth.

For the first time, her parents looked at her not as someone who needed to become like others, but as someone unique in her own way. "We never knew you could do this," her father said softly, guilt reflecting in his eyes. Ishu looked at her artwork for a moment before replying calmly,

"I always could. You were just too busy comparing me to everyone else to notice."

That day, the comparison finally lost its power. And in choosing herself over others' expectations, Ishu found her voice again. Children do not lose confidence because they fail—they lose it when their worth is constantly measured against someone else's success.

Ishleen Kaur
XI-A

High-Functioning Silence

We mastered the art of disguising exhaustion as ambition, learning far too early how to compress chaos into composure and respond with “I’m fine” in voices that never quite belonged to us.

Our breakdowns are never dramatic enough to be noticed, carefully scheduled between responsibilities, hidden behind glowing screens and unfinished assignments that demand more from us than we can quietly give.

We are the generation that turned healing into an aesthetic, dressing unspoken pain in soft lighting and curated playlists, convincing the world—and sometimes ourselves—that awareness alone is the same as recovery.

We scroll endlessly through perfected fragments of other lives, absorbing confidence in fleeting seconds, as if stability could be downloaded, as if peace were just another habit waiting to be installed.

But the truth is far less beautiful—healing is not symmetrical, not filtered, not designed to be consumed, and certainly not meant to perform for an invisible audience that applauds without understanding.

We laugh about our struggles with a sharp, practiced humor, turning vulnerability into something easier to share but harder to feel, until even our pain begins to sound rehearsed.

Tell me, when did exhaustion become something to be proud of, when did burnout begin to resemble dedication, and how did rest become something we must justify instead of something we deserve?

We have learned the language of emotions in theory, yet hesitate to speak it in truth, carrying entire storms within us while presenting skies that look deceptively clear.

And still, despite everything, we continue—showing up in fragments, trying in quiet ways, holding onto a resilience that is neither loud nor visible, but stubborn enough to remain.

So here is the reality we rarely admit without softening it—there is no requirement to turn suffering into something admirable, no obligation to explain your existence in ways that make others comfortable.

You are not defined by the days that drain you, nor by the thoughts that weigh heavily in silence, nor by the versions of yourself that only know how to survive when the world is asleep. You are something far more complex, far more enduring than the battles you hide, and perhaps healing is not a moment of transformation but a quiet decision repeated again and again.



Vanya Mittal
X-C



Obsession to Success

In a world full of distractions, success does not go to the talented, or the lucky, or the “someday” dreamers. In fact, it goes to the obsessed, the ones who can't sleep without thinking about their goals and ones who don't negotiate with excuses because the truth is simple if you are not obsessed, you are replaceable. Most people don't fail because they are incapable. They fail because they are comfortable being average, comfortable making excuses, comfortable telling themselves “there's still time” and that comfort is dangerous, because it feels harmless while it quietly wastes your life.

You say you have goals everyone does but having a goal means nothing if your actions don't reflect it. Wanting success is easy, talking about it is easy, even planning feels productive but none of that matters if you don't execute. Every goal sounds good in your head but wanting it is cheap however effort, discipline and obsession is rare. To be obsessed with your goal means you stop caring about comfort. You stop waiting for motivation. You show up, again and again, even when you don't feel like it. That is the difference between people who talk and people who win.

Time is not just important, it is ruthless. It does not slow down for you, it does not care about your plans, your moods or your excuses. Every second you waste is gone forever and it is quietly being used by someone else who is working harder than you. Time is not just passing, it is judging you. Every day, it records what you did and what you avoided. Time can be killed easily but it returns with a brutal vengeance.

“You don't lack time. You lack discipline.”

Read that again, because deep down, you know it's true.

As you read this, your future self is either thanking you or hating you. There is no middle ground. Every second you spend scrolling, every minute you waste making excuses, every hour you kill doing nothing is the time that you will never get back and this is the mantra that people avoid telling you.

So answer this honestly, what did you do yesterday that actually moved you forward? Not what you planned, but what you really did? If the answer is nothing, then stop lying to yourself. You are not “on your way to your destination,” you are just standing still.

And that voice in your head? The one that says “you still have time”? Is the reason you are stuck. It keeps you comfortable. It keeps you average. It destroys your potential slowly, quietly, every single day.

Be Obsessed towards your goal as obsession when real shows up in silent consistency, discipline in completing the work when no one is watching. It is choosing progress over comfort, again and again, until results become evident.

In the end, success is not a mystery. It is the result of how an individual use his time, how seriously he takes his goals and how honest he is with himself because if you don't sacrifice for what you want, then what you want would be your sacrifice.

Vaishnavi Varshney
XI-A

One nation, one mission, End plastic pollution

Beneath the waves where silence sings,
Lie choking dreams and broken wings.

A turtle weeps, a dolphin cries,
Beneath our waste, the ocean dies.
We sip and toss, we buy and throw,
Blind to the seeds of death we sow.

The plastic wraps our everybreath,
A quiet war, a creeping death.
Rivers once danced, now thick with grime,
Their tears run black with modern crime.
Fish feed on shards they can't discern,
While we pretend it's not our turn.

One bottle, one bag — what's the cost?
A world in ruin, beauty lost.

What kind of legacy remains,
If all we leave is poison stains?
But hearts can rise, and hands
can mend, This story doesn't have to end.

We are the change, we hold the key,
To set the suffocating free.
Say no to plastic — hear Earth's plea.
Choose wisely now, choose to be free.
One nation, one mission, bold and true:
A greener world begins with you!



Hanshika Shokeen
XI-C

Every day the sun would rise,
painting gold across the skies,
the wind would whisper, soft and low—
but I was too busy to notice its flow.
The meadow bloomed, the air felt light,
clouds drifted slow, peaceful and white,
a falling feather, calm and free—
all of it there, unseen by me.
My days went on in quiet orbit,
full of beauty—I ignored it.

Small little moments, soft and true,
stood right there... but I never knew.
And the people close, who stayed by me,
their love so warm, so easy to see,
like a soft-lit lantern in the night—
I missed their glow, I missed their light.
Now guilt comes in like distant thunder,
making me stop, making me wonder
how something so real, so close, so near
became something I didn't hold dear.

I see it now, though a little late,
like an eclipse I didn't wait for,
what felt like a dream, a far mirage,
was love and life... a simple collage.
So now I pause, I breathe, I see—
what's always been in front of me,
the sky, the hearts, the everyday view...
the little things I once just flew through.

Asmi Gupta
XI-C

Unnoticed Beauty



+ La Voix de MRG :- Édition Spéciale : Notre École

Bienvenue à la page française de l'école MRG !

Nous sommes très heureux de vous présenter cette page spéciale. Notre école, située à Rohini, n'est pas seulement un bâtiment de briques et de pierres. C'est une famille. Ici, à New Delhi, nous apprenons à grandir avec courage et sagesse.

Notre École:-

MRG : Un Lieu d'Excellence

À l'école MRG, chaque jour est une nouvelle aventure. Les professeurs sont gentils et les élèves sont curieux. Nous aimons le sport, les sciences, les arts et les langues.

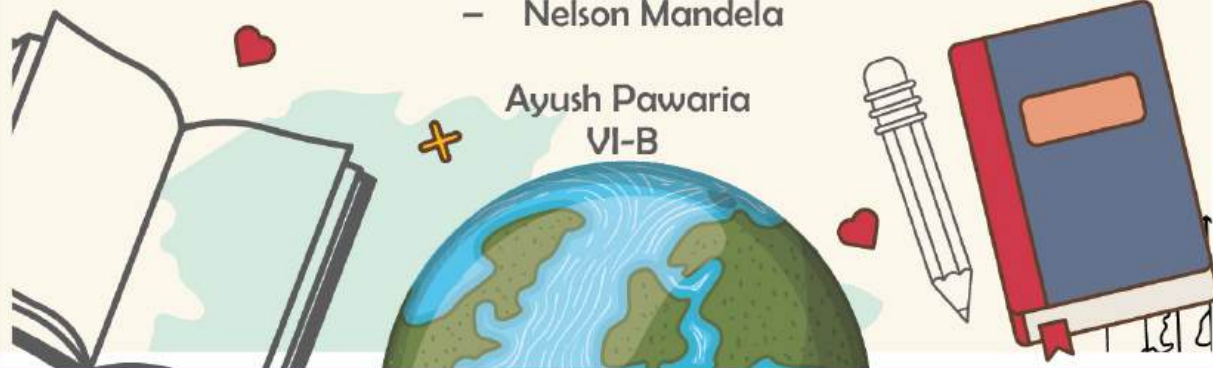
Nous sommes fiers de notre culture indienne et nous sommes ouverts au monde.

Le Saviez-vous ? La langue française est parlée sur les cinq continents. C'est une langue officielle de l'ONU, tout comme l'anglais !

"L'éducation est l'arme la plus puissante pour changer le monde."

- Nelson Mandela

Ayush Pawaria
VI-B





C'est le Printemps!

C'est le Printemps, préparons-
nous à en jouir,
Les enfants aiment jouer, courir et
sourire.

Le ciel est bleu,
Le temps est merveilleux.
Les fleurs sont belles,
Les arbres portent leurs feuilles
éternelles.

Les oiseaux chantent,
Les enfants dansent.

Le soleil brille,
Et les enfants jouent.
Le printemps arrive, les fleurs
s'ouvrent,

Les oiseaux chantent et les abeilles
bourdonnent.

Allons, chantons et jouons,
C'est le printemps.

Devanshi Sharma
VI-B



★ Mon École

Le matin, je pars avec entrain,
Mon cartable bien rempli en main.
Devant l'école, mes amis sont là,
Un sourire, et la journée commence
déjà.

La maîtresse nous apprend plein de
choses,
Des maths, du français, parfois même
des proses.

On lit, on écrit, on compte sans fin,
Et chaque jour, on devient plus malin.

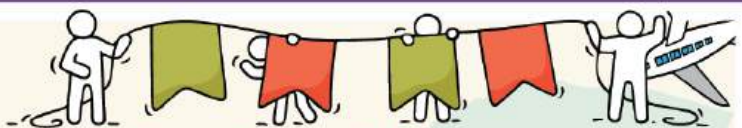
À la récré, on joue et on rit,
Un ballon, une corde, et tout est dit.
Puis on retourne en classe, bien assis,
Prêts à apprendre, sans faire de bruit.

Mon école, c'est un beau trésor,
Où l'on grandit plus fort chaque jour
encore.

Merci aux profs, merci aux amis,
C'est ici que se construit ma vie.
J'aime beaucoup mon école et je suis
une fière MRGian.

Devyanshi Garg
VI-B





La culture et les traditions françaises



La culture et les traditions françaises sont très riches et importantes. Les français aiment leurs traditions et les respectent beaucoup. Ils célèbrent plusieurs fêtes comme le Noël, le 14 juillet et le Pâques. En France, les repas sont importants et les familles mangent ensemble. Les Français aiment le pain, le fromage et les plats traditionnels. Les salutations sont aussi une tradition importante et les gens disent « bonjour » et « merci ». Les français respectent l'art, la musique et la danse. Les traditions françaises montrent l'importance de la famille, du respect et de la joie de vivre. Les français aiment aussi les bonnes manières et le comportement poli. Ils suivent les règles et respectent les autres dans la vie quotidienne. Les marchés, les cafés et les fêtes locales font partie de la culture française et aident les gens à rester proches de leur histoire et de leurs valeurs.

Les fêtes et les traditions occupent une place importante en France. Les français aiment célébrer ensemble avec leur famille et leurs amis. Ils décorent leurs maisons pendant les fêtes et partagent des repas traditionnels. La musique, la danse et les défilés font partie des célébrations. Les traditions françaises enseignent le respect, l'unité et l'amour de la culture. Elles rendent la vie joyeuse et colorée.



Sara Chaubey
VI-B





L'Amitié : cette petite magie qui illumine la vie



L'amitié est l'une des relations les plus précieuses et les plus importantes de notre vie. C'est un lien magnifique fondé sur la confiance, l'amour et la compréhension. Les amis rendent nos moments de joie encore plus intenses et nous aident à affronter les difficultés avec courage. Un véritable ami est une personne qui nous soutient et reste à nos côtés quoi qu'il arrive.



Les amis jouent un rôle essentiel dans notre quotidien. Nous partageons avec eux nos pensées, nos sentiments, nos joies et nos soucis. Un bon ami écoute avec patience et nous comprend sans nous juger. Lorsque nous sommes tristes ou découragés, nos amis nous motivent et nous réconfortent. Les vrais amis célèbrent nos succès avec nous, sans jalousie, et se réjouissent sincèrement de notre réussite.



L'amitié, ce n'est pas seulement le plaisir et les rires, c'est aussi l'attention et le soutien. Les amis s'entraident dans leurs études, partagent leurs notes et s'encouragent mutuellement à progresser. Jouer ensemble, réaliser des projets et passer du temps pendant les pauses renforcent nos liens et créent de merveilleux souvenirs.

La confiance et l'honnêteté sont les fondements d'une véritable amitié. Les amis gardent nos secrets et nous guident lorsque nous faisons des erreurs. Dans les moments difficiles, les amis deviennent notre plus grande force. L'amitié nous enseigne la gentillesse, la coopération et le pardon, rendant notre vie plus heureuse et plus riche de sens.



Advita Chawla
VII-A





Merci..



Je dis merci pour le soleil et même la pluie, pour la paix qui vient après les soucis. Merci chaque fois que le cœur de ceux que j'aime est bien au chaud, et encore merci pour la voix qui me rassure si la vie en demande trop...

Merci pour les moments de grâce, et toutes ces petites joies qui passent. Merci pour l'ami qui sait si bien ne pas compter, et pour celui sur qui on peut toujours compter...

Ma vie est remplie de mercis. Je dis merci comme on dit bonjour, et souvent j'en reçois en retour...

Mon plus grand merci, c'est de savoir reconnaître tous les petits!



Aashita Arora
VII-B



Une nuit pleine d'étoiles

Une nuit calme et belle, le ciel est rempli de nombreuses étoiles brillantes. Je me tiens sous le ciel ouvert et je me sens calme et heureux. Les étoiles scintillent comme de petits diamants et racontent des histoires silencieuses de très loin. La lune brille doucement et éclaire le monde avec une lumière argentée. Une brise fraîche souffle autour de moi et tout semble magique et lent.

Dans cette nuit de rêve, mes pensées volent librement et je me sens proche des étoiles, comme si elles veillaient sur moi.

Poshika Jha
VII- C





La vie au-delà des notes et des examens



Dans notre vie scolaire, les notes et les examens sont souvent considérés très importants. Les élèves travaillent dur pour obtenir de bonnes notes et parfois ils pensent que leur valeur dépend seulement de leurs résultats. Mais la vie est bien plus large que les examens.

La vie nous apprend beaucoup de choses que les livres ne peuvent pas toujours expliquer. Par exemple, apprendre à être honnête, respectueux, patient et gentil avec les autres est aussi très important. Les activités comme le sport, la musique, le dessin et le travail en équipe nous aident à découvrir nos talents et à développer notre personnalité. Ces expériences nous rendent plus confiants et plus heureux.

Les examens testent notre mémoire et nos connaissances, mais ils ne mesurent pas notre créativité, notre courage ou notre capacité à aider les autres. Un élève peut échouer dans un examen, mais réussir dans la vie grâce à son travail, sa passion et sa détermination.

En conclusion, les notes sont importantes, mais elles ne définissent pas toute notre vie. La vraie réussite vient quand nous apprenons à grandir comme de bonnes personnes et à vivre une vie équilibrée et paisible.

Ashika Jain
VIII-C





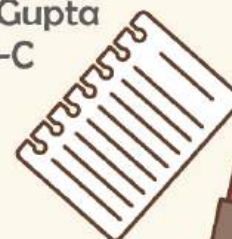
La vie scolaire à travers les yeux des élèves



Notre école est plus qu'un lieu d'apprentissage, c'est un espace où nous grandissons chaque jour. À travers les yeux des élèves, la vie scolaire est faite de cours intéressants, d'amitiés sincères et de souvenirs inoubliables. Les enseignants nous guident avec patience et nous encouragent à donner le meilleur de nous-mêmes. Les activités culturelles, sportives et les événements scolaires apportent de la joie et renforcent l'esprit d'équipe. Pour nous, l'école est un second foyer où nous apprenons non seulement des leçons, mais aussi des valeurs importantes de la vie.



Panav Gupta
VIII-C



संस्कृत

नवः कक्षा

अद्य मम नवः कक्षा आरब्धः। मम हृदये
नूतनस्य कक्षायाः प्रति उत्साहः आसीत्। मम
कक्षा अतीव विशालः, स्वच्छः,
सुव्यवस्थितः च अस्ति। कक्षायां सुन्दराः
आसन्दाः, लेखनफलका, चित्राणि च सन्ति।

अत्र मया अनेकानि नूतनानि मित्राणि
प्राप्तानि। वयं सर्वे मिलित्वा अध्ययनं कुर्मः
तथा क्रीडामः अपि।

अस्माकं शिक्षकाः अतीव ज्ञानी,
स्नेहशीलाः, सहायकाः च सन्ति। ते विषयान्
सरलतया बोधयन्ति तथा प्रश्नानां समाधानं
कुर्वन्ति।

कक्षायां अनुशासनं अपि अत्यन्तं
आवश्यकम् अस्ति। वयं सर्वे नियमपालनं
कुर्मः।

अहं मम नूतन कक्षायां अध्ययनं कृत्वा
अत्यन्तं आनन्दं अनुभवामि तथा नूतनज्ञानं
प्राप्तुं सदैव उत्सुकः अस्मि।

रिधान शर्मा
छठी-अ

लघुकथा

एकदा एकः काकः अत्यन्तं तृषार्तः
आसीत्। सः जलस्य अन्वेषणं कुर्वन्
वनात् ग्रामं प्रति गच्छति स्म।
दीर्घकालानन्तरं सः एकं घटं दृष्टवान्। सः
अतीव प्रसन्नः अभवत्।

किन्तु घटे अल्पं जलं आसीत्, अतः सः तं
पातुं न अशक्नोत्। सः किञ्चित्कालं
चिन्तां कृतवान्। अनन्तरं तेन एकः उत्तमः
उपायः चिन्तितः।

सः भूमेः लघु-लघून् कणान् संगृह्य एकैकं
घटे क्षिपति स्म। शनैः शनैः जलस्तरः ऊर्ध्वं
आगच्छत्। अन्ते जलं पर्याप्तं अभवत्, सः
तं पातुं समर्थः अभवत्।

एवं सः स्वतृष्णां निवृत्तवान्।

अतः अस्माभिः ज्ञातव्यम्—बुद्धिः बलात्
श्रेष्ठा, धैर्यं सफलता जनयति।

चित्रांशी गर्ग
छठी-स



भगवद्गीता

अयं ग्रन्थः महर्षिणा वेदव्यासेन रचितस्य महाग्रन्थस्य महाभारतस्य अङ्गभूतः अस्ति। महाभारतयुद्धकाले यदा अर्जुनः मोहग्रस्तः युद्धविरतः च अभवत् तदा श्रीकृष्णेन यत्किञ्चिदुपदिष्टं तत् गीता-ग्रन्थरूपेण प्रसिद्धम्। अस्मिन् कर्म-ज्ञान-सांख्य-योगानां विषये उपदेशः विद्यते। कर्मयोगः गीतायाः प्रमुखः उपदेशः अस्ति। अत एव अस्य ग्रन्थस्य अपरं नाम 'कर्मयोगशास्त्रम्' अपि अस्ति। अस्य मननं कृत्वा मनुष्यः कर्मयोगी भवति। सः मनसा इन्द्रियैः शरीरेण च क्रियमाणेषु कर्मसु कर्तृत्वाभिमानं त्यजति। अयं ग्रन्थः संन्यासं नोपदिशति अपितु योगः कर्मसु कौशलम्" इत्युपदिशति। गीतायां निष्कामकर्मणः विशिष्टं महत्त्वम् अस्ति:-

"कर्मण्येवाधिकारस्ते मा फलेषु कदाचन"



जिज्ञासा
सातवीं-अ

युद्धम्

युद्धम् मानवजीवनस्य अतीव भयंकरं दुःखदं च विषयम् अस्ति। यदा राष्ट्राणां मध्ये विवादाः उत्पद्यन्ते, तदा युद्धस्य सम्भावना वर्धते। युद्धे असंख्याः जनाः जीवनं त्यजन्ति, बहवः जनाः गृहहीनाः भवन्ति।

युद्धस्य परिणामाः सदा विनाशकारी भवन्ति। नगराणि ध्वंसन्ते, अर्थव्यवस्था दुर्बला भवति, जनजीवनं च क्लेशपूर्णं भवति। बालकाः, वृद्धाः, स्त्रियः च विशेषतः पीडिताः भवन्ति।

इतिहासे बहूनि युद्धानि अभवन्, यथा महायुद्धद्वयम्, येन विश्वे महान् विनाशः जातः। अतः सर्वेषां राष्ट्राणां कर्तव्यं अस्ति यत् ते शान्तिं स्थापयन्तु, संवादेन समस्याः समाधानं कुर्वन्तु।

महात्मा गांधी इव महापुरुषाः अहिंसायाः मार्गं दर्शितवन्तः। अहिंसा, प्रेम, सहिष्णुता च एव विश्वस्य कल्याणस्य आधाराः सन्ति।

अतः अस्माभिः सर्वैः युद्धं न कर्तव्यम्, अपि तु शान्तिः, मैत्री, सहकार्यं च वर्धयितव्यम्।

"युद्धेन न किञ्चित् लाभः, शान्त्या सर्वं साध्यते।"

अशित बंसल

सातवीं-ब

✧ संस्कृतभाषायाः महत्त्वम्

संस्कृतभाषा प्रयोगो भवति भारतवर्षे आदिकालादेव मानवानां व्यवहारे स्म। संस्कृतं विश्वस्य प्राचीनतमा भाषास्ति। श्रद्धावशादियं जनैः देववाणी सुरभारतीत्यपि कथ्यते। इयं भाषा भारतीयायाः सभ्यतायाः संस्कृतेः चिन्तनस्य च संवाहिकास्ति। संस्कृतं धर्मस्य, दर्शनस्य, राजनीतेः, इतिहासस्य, अर्थशास्त्रस्य नीतिशास्त्रस्य च मूलमस्ति। ✧

अस्यां भाषायां भारतीयचिन्तनस्य सर्वे प्रमुखाः ग्रन्थाः उपनिबद्धाः सन्ति। विश्वसाहित्यस्य प्राचीनतमानां ग्रन्थानां वेदानामपि भाषा संस्कृतमेवास्ति। सम्पूर्णं वैदिकं वाङ्मयं ज्ञानविज्ञानदृष्ट्या समस्ते जगति निरुपमं विद्यते। अस्यां भाषायां दर्शनग्रन्थाः साहित्यग्रन्थास्तु उपनिबद्धाः सन्त्येव सहैव भौतिकविज्ञानस्य रसायनविज्ञानस्य, चिकित्साविज्ञानस्य, वनस्पतिविज्ञानस्य, भाषाविज्ञानस्य, वास्तुविज्ञानस्यापि अनेके मौलिकाः ग्रन्थाः विद्यन्ते। ✧

संस्कृतभाषायाम् उपनिबद्धे साहित्ये सत्यस्य, अहिंसायाः राष्ट्रभक्तेः, परस्परं सहयोगस्य, त्यागस्य, विश्वबन्धुत्वस्य, शान्तेश्च भावनानाम् अजस्रं स्रोतः प्रवहत् विद्यते। लोककल्याणाय अस्यां भाषायां बहवः आदर्शाः प्रस्तुताः सन्ति। ✧



सारा मित्तल
सातवीं-स



✧ जननी जन्मभूमिश्च स्वर्गादपि गरीयसी ✧

संसारेऽस्मिन् जननी अस्मभ्यं यानि यानि सुखानि प्रयच्छति, जन्मभूमिश्च तथैव सौविधानि ददाति। जन्मदात्री माता जन्मभूमिश्च स्वर्गाद् अपि श्रेष्ठा वरिष्ठा च वर्तते। माता कुमाता कदापि न भवति। सा जन्मन प्रभृति अतीव निश्छलप्रेम्णा पुत्रं पुत्रीं च लालयति, पालयति, स्तुदुग्धं पाययित्वा शिशुं वर्धयति स्वयं च महत्कष्टानि अनुभूय तं सुखयति, महद्दयाच्च रक्षति।

शीतौ रात्रिकालेषु बालस्य मूत्रेण आद्रीभूताऽपि विष्टरे स्वयं स्वपिति, परन्तु बालं च शुष्कस्थाने शय्यायां स्थापयति। किमधिकं माता स्वसन्ततिसुखाय रक्षणाय च स्वदुर्लभप्राणानपि दातुम् उद्यता भवति। अतः सत्यमिदं कथितं यत् जननी स्वर्गादपि अधिकं सुखं प्रयच्छति।

भासस्य कथनानुसारेण माता किल मनुष्याणां देवतानाम् च दैवतम्। वस्तुतः जन्मभूमिः जननीवत् अस्मान् सर्वान् नानाविधानि अन्नानि, फलानि च दत्त्वा यावज्जीवनं पालयति पोषयति संवर्धयति च।

कविशा गुप्ता
आठवीं-ब

नैतिकशिक्षायाः महत्त्वम्

'शिक्षा' 'विद्योपादाने' इति व्युत्पत्त्या शिक्षाशब्दस्य अर्थः विद्यार्जनम् एव किन्तु केवलानि पुस्तकानि कण्ठस्थीकृत्य उपाधिं प्राप्य जीविकोपार्जनम् एव शिक्षा नास्ति। जीवने सत्यम्, अहिंसा, विनम्रतानियमसाहसप्रभृतीनाम् उच्चादर्शानाम् सम्यक् समावेशनम् एव शिक्षायाः उद्देश्यं भवति। यथा शिक्षया एतादृशाणां सद्गुणानां विकासः

भवति सा नैतिकशिक्षेति उच्यते।
नैतिकशिक्षामाध्यमेन मानवानां मूलप्रवृत्तयः संशोध्यन्ते। नैतिकशिक्षया सङ्कीर्णानां विचाराणाम् अपनयनं भवति। उचितानुचितनिर्णयक्षमतायाः विकासोऽपि भवति। सम्प्रति लोके चौर्यहिंसाबलात्कार घृणाद्वेषादिघृणितप्रवृत्तयः अनियंत्रणीयाः सञ्जाताः। अतः अस्माभिः मूलप्रवृत्तीनां संयमनम् अवश्यं कर्तव्यम्। नैतिकशिक्षाबलेन एव वयं गतगौरवं पुनः प्राप्तुं

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शक्नुमः।

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भारतीया संस्कृतिः

संस्कृतिः नाम संस्कारेण संस्करणं परिष्करणम् इति। यथा संस्कृत्या सम्यतया च भारतीयाः जनाः संस्कारं परिष्कारं च लभन्ते सा एव भारतीया संस्कृतिः। इयम् 'आर्यसंस्कृतिः' अपि उच्यते। एषा संस्कृतिः जनानां हृदयेभ्यः दुर्गुणान्, दुर्व्यसनानि, पापानि च निस्सार्य दूरीकरोति। सदाचार-शिक्षणेन च सा मानवमनांसि निर्मलानि सात्त्विकानि च करोति। 'समन्वय-भावना' अस्माकं भारतीयानां संस्कृतेः प्रमुखा विशेषता अस्ति। संस्कृतिरियं विश्वस्य सर्वेभ्यः मानवेभ्यः सौख्यम् उपदिशति।

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः।

सर्वे भद्राणि पश्यन्तु मा कश्चिद्दुःखभाग्यभवेत्॥

अस्माकं भारते पूर्वम् आर्यजनाः पापेभ्यः बिभ्यति स्म, सत्यं वदन्ति स्म, अहिंसाम् आचरन्ति स्म। ते दया-परोपकार-धैर्य-त्यागशीलता-सहानुभूत्यादि-नियमान् पालयन्ति स्म। अत एव ते विश्ववन्द्याः आसन्। भारतीयाः जनाः शास्त्रोक्तानां धर्मनियमानां पालने मनसा वाचा कर्मणा संनद्धाः भवन्ति स्म। सत्यमिदं यत् संसारे यः कोऽपि स्वसंस्कृतिं त्यजति सः कदापि सुखी समृद्धश्च न भवति। अतः यदि वयं सुखं सम्मानं, समृद्धिं च इच्छामः तर्हि स्वभारतीयसंस्कृतेः सगुणाः अस्माभिः ग्रहणीयाः

पालनीयाः एव।

अर्शिया भित्तल

आठवीं-द



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हिंदी



पेड़ लगाओ

पेड़ न काटो,
पेड़ लगाओ,
जीवन को खुशहाल बनाओ।
खुद कड़कती धूप को सहकर,
देते हमें यह शीतल छाँव।
चिड़िया, तोता या हो बंदर,
सबको देते रहने का घर।
रोटी, कपड़ा, मकान और सेहत,
सबके लिए हम इन पर निर्भर।
पेड़ न काटो, पेड़ लगाओ,
आओ मिलकर कसम यह खाओ।

यतिका
द्वितीय-स



मैं हूँ शक्ति

मैं नन्ही हूँ, पर कमजोर नहीं,
मेरे सपनों की कोई डोर नहीं।
आसमान को छूना है मुझे,
अब रुकने की कोई ठौर नहीं।
मैं हूँ शक्ति, मैं हूँ उड़ान,
मेरे सपनों की ऊँची शान।
ना रुकूँगी, ना झुकूँगी,
हर मंज़िल को मैं छू लूँगी।
बेटी हूँ, मैं गर्व हूँ घर का,
रोशन करूँ नाम इस धरती का।
मुझमें ही है कल की ताकत,
मैं ही हूँ उजाला भविष्य का।
आओ मिलकर वादा करें,
हर बेटी का सम्मान करें।
शिक्षा उसका अधिकार है,
यही हमारा सच्चा विचार है।

ईवा सिंह
द्वितीय-स



भारत मेरा देश

भारत मेरा प्यारा देश,
सब देशों से न्यारा देश।

भारत का हर शहर आवाज़ है देता,
कश्मीर तुम हो मुकुट, तुम्हें ताज है कहता।
गंगा-यमुना पावन नदियाँ, जीवन का अमृत
बरसातीं।

हरी-भरी ये धरती माता, सबको अन्न खिलाती।
भारत मेरा न्यारा देश, सब बच्चों का प्यारा देश।

बिहाना
तृतीय-अ



मेरा भारत महान

मेरा भारत है सबसे महान,
दुनिया में इसकी अलग पहचान।
मुकुट पहन कर लगता है,
सबसे सुंदर और प्यारा।
गंगा-यमुना नदियाँ इसकी,
बहती निर्मल धारा।
फल और फूलों से भरी,
सुंदर देश हमारा।
सदियों से यह चमक रहा है,
बन कर सबका सहारा।
हम सबको यह सिखलाता है,
मिलकर रहना प्यारा प्यारा।

माही
तृतीय-अ



नदियों से सीख

★ जीने की यह राह सिखातीं,
कल-कल करती बहती जातीं।
नदियाँ गाती हैं यह गाना,
सदा ही आगे बढ़ते जाना।
★ पर्वत से समुद्र जाती,
आगे-आगे बढ़ती जाती।
ठंडा-मीठा इनका पानी,
इन्हें सबकी प्यास बुझानी।
कभी न रुकती कभी न झुकती,
सदा अपनी मंजिल तक पहुँचती।
नदियों को है हमें बचाना,
कूड़ा इनमें नहीं फैलाना।

युवान
चौथी-अ

लाडला

★ माँ तू मेरी माँ,
मैं तेरा लाडला।
मैं तुझसे प्यार करता हूँ माँ
खुशियाँ देती ढेरों माँ
अपने गले से लगाती,
मेरी प्यारी माँ।
अच्छी-अच्छी बातें सिखाती,
गलती पर समझाती माँ।
तेरा लाडला हूँ मैं,
तेरी आँखों का तारा हूँ मैं।
मेरी दुनिया तू ही है माँ,
सबसे प्यारा सहारा तू ही माँ।
माँ की ममता अनमोल है,
सबसे प्यारे उसके बोल हैं।

रियांश
चौथी -ब



हमारे जीवन दाता

अपना जीवन बचाओ,
खुद को स्वस्थ बनाओ,
पेड़ लगाओ - पेड़ बचाओ।
धरती को हरा-भरा बनाओ,
पेड़ों को काटने न दो,
इनमें जीवन बढ़ने दो।
पेड़ लगाओ - पेड़ उगाओ।
ये देते फल और सब्जियाँ,
फूल भी देते हमें अनेक।
इनसे जीवन है पूरा हमारा,
तभी तो कहते सब एक
पेड़ लगाओ - पेड़ उगाओ।
बीमारियों से बचाते पेड़,
दवाइयाँ भी देते हैं ये।
जीवन में मुस्कान बढ़ाते,
खुशियाँ भर देते हैं ये।
तभी तो कहते बार-बार
पेड़ लगाओ - पेड़ बचाओ।

लक्ष्म गोयल
चौथी-ब

माँ

माँ मेरी प्यारी-प्यारी, सबसे न्यारी-न्यारी।
मेरी हर मुस्कान में, बसती ममता सारी।
गिर जाऊँ जब राहों में, माँ थामे हाथ मेरा।
डर जाऊँ जब राहों में, माँ थामे हाथ मेरा।
दिन-रात मेहनत करती, कभी नहीं वह थकती।
अपने सारे सपनों को मेरे लिए वो रखती।

माँ है मेरी दुनिया सारी, माँ से खुशियाँ मिलती प्यारी।
माँ का प्यार है अनमोल है।

आन्या
चौथी-अ



मेरी कल्पना

अगर मेरे बस में होता,
नदी घर में ले आता।
अपने घर के ठीक सामने,
उसको हर दिन बहाता।

कूद-कूद कर, उछल-उछल कर,
मित्रों संग हम नहाते।
कभी तैरते, कभी हँसते,
मिलकर गीत सुनाते।

कल-कल करती प्यारी नदी,
मीठी धुन सुनाती।
आगे बढ़ना हमें सिखाती,
रुकना नहीं बताती।

इसके जल से खेत हरे हों,
फूल सभी मुस्काएँ।

पशु-पक्षी भी खुश हो जाएँ,
सब मिल खेलें-गाएँ।

साफ रखें हम अपनी नदी,
यह वादा दोहराएँ।

मेरी प्यारी सी कल्पना में,
सब खुशियाँ ही पाएँ।

नक्शा
चौथी-ब

हरियाली के सच्चे साथी

पेड़-पौधे हमें अनेक चीजें देते हैं,
उन्हीं की वजह से ही तो हम जीते हैं।
इसलिए ये हमारे और हम उनके प्रेमी होते हैं।

आओ मिलकर देखें ज़रा,

पेड़-पौधे हमें क्या-क्या देते हैं?

वे हमें देते हैं भोजन, वर्षा और हरियाली,
धरती की यही तो है असली खुशहाली।

पेड़-पौधे हैं हरियाली के सच्चे साथी,
ये हैं धरती के दीपक-बाती।

आम, नीम, बरगद देते हमें छाया अपार,
सेब, खरबूजा, तरबूज फल मीठे और स्वाददार।

तुलसी, हल्दी, अश्वगंधा स्वस्थ रखें हमें सदा,

आजकल तो हर कोई है इन पर फिदा।

अगर पेड़ नहीं रहेंगे तो हम भी नहीं बचेंगे,

क्योंकि सब कुछ देने वाले नहीं बचेंगे।

अभी वक्त है,

पेड़ लगाओ, पेड़ लगाओ और
जीवन में हरियाली लाओ।

भव्य
पाँचवी-ड

दयालु व्यक्ति और शेर

एक दिन एक दयालु व्यक्ति जंगल से गुजर रहा था। अचानक उसने शेर की दर्दभरी आवाज़ सुनी। पास जाकर देखा तो शेर के पंजे में काँटा चुभा था। शेर दर्द से कराह रहा था और उसके चेहरे पर दर्द साफ दिखाई दे रहा था।

दयालु व्यक्ति थोड़ी देर डर गया, क्योंकि शेर बहुत बड़ा और ताकतवर था। लेकिन उसने अपने डर को काबू में रखा और धीरे-धीरे शेर का पंजा पकड़ा। धीरे-धीरे उसने काँटा निकाल दिया। शेर को आराम मिला और उसने व्यक्ति की तरफ देखा, पर कोई नुकसान नहीं पहुँचाया। फिर वह चुपचाप जंगल में चला गया।

कुछ दिनों बाद वही व्यक्ति शिकारियों द्वारा पकड़ा गया और शेर के सामने फेंक दिया गया। सभी लोग डर गए, लेकिन जैसे ही शेर ने उसे देखा, उसकी आँखों में पहचान की चमक थी। शेर ने गहरी दहाड़ दी, पर इस बार डरावनी नहीं, बल्कि शांत और मित्रवत। शेर उसके पास आया, धीरे-धीरे उसके सामने बैठ गया और उसकी तरफ कोई नुकसान करने की बजाय नर्म निगाहों से देखने लगा। व्यक्ति ने भी शेर को देखा और उसे याद आया कि यह वही शेर है जिसकी मदद उसने पहले की थी। शेर ने उसे धीरे-धीरे अपनी पूँछ हिलाकर और मुँह हल्का खोलकर पहचान जताई। उस दिन से शेर और व्यक्ति के बीच एक अनोखी दोस्ती बन गई।

सीख: दया का फल हमेशा अच्छा ही मिलता है।

वान्या
छठी-स



स्कूल की दुनिया

- ★ स्कूल हमारा सबसे प्यारा,
ज्ञान का होता है भंडारा।
पढ़ना-लिखना यहाँ हम सीखें,
मिल-जुलकर रहना भी सीखें।
सपनों को देता आकार,
यह जीवन का है आधार।
- ◆ अध्यापक राह दिखाते,
अच्छी बातें सिखाते।
खेल-कूद की कक्षाएँ न्यारी,
मस्ती, मेहनत और ऊर्जा सारी।
दोस्ती के संग सुनहरे पल,
खुशियों से भरता हर कल।
मेहनत, सच्चाई और संस्कार,
जीवन को देते आकार।
स्कूल की यह प्यारी दुनिया,
बनाती हमको साकार।

वेदांश

छठी-अ



एक मिशन – विकसित भारत

हर गली में एक ही नारा,
आओ मिलकर नारा लगाएँ हम,
“श्रेष्ठ भारत, विकसित भारत”
मिलकर प्यार से गाएँ हम।
अपने प्यारे देश को
ऊँचा मिलकर उठाएँ हम,
गली-गली को स्वच्छ बनाकर
नया इतिहास बनाएँ हम।
विकसित भारत दूर नहीं,
अगर मिलकर हाथ बढ़ाएँ,
खुद में पहले बदलाव लाएँ,
फिर दुनिया को राह दिखाएँ।
अगर मिलाएँ हाथ सभी,
अजेय राष्ट्र बन जाएँ हम,
विश्वास रखकर आगे बढ़ें हम,
हर क्षेत्र में जीतें हम।

सारा

सातवीं-ब



आईने के उस पार की दुनिया

आईने के उस पार कहीं,
एक दुनिया बसती है,
जहाँ हर टूटा सपना भी
नए रंगों में हँसती है।
वहाँ समय धीरे चलता,
रुकती नहीं कोई घड़ी,
हर चेहरे पर चमक वहाँ,
न होती कोई चिंता बड़ी।
पेड़ वहाँ बातें करते,
हवा गीत सुनाती है,
चाँद उतर आता आँगन में,
नींद कहानी बन जाती है।
मैंने देखा उस दुनिया में
मेरा ही एक रूप नया,
डर से दूर, विश्वास भरा,
खुद से जुड़ा, खुद को पाया।

पोशिका

सातवीं-स

डिजिटल शिक्षा और हम

★ बस्ता अब थोड़ा हल्का है,
ज्ञान का सागर गहरा है।
कागज़-कलम के साथ-साथ
◆ अब स्क्रीन का भी पहरा है।
एक ही क्लिक में मिल जाती
दुनिया भर की जानकारी,
नए-नए तरीके से होती
हर विषय की तैयारी।
पर याद रहे यह बात हमें,
यह साधन है आधार नहीं,
बिना एकाग्रता के शिक्षा
★ कभी होती साकार नहीं।
डिजिटल दुनिया के संग-साथ
प्रकृति से रिश्ता बनाएँ,
समय का सही उपयोग करें,
आगे बढ़ते जाएँ।



जिज्ञासा
सातवीं-स



माँ — जहाँ से हर कहानी शुरू होती है

सुबह की पहली रोशनी भी
माँ की मुस्कान से उजली लगती है,
उसकी एक हल्की-सी पुकार
पूरे दिन की थकान भुला देती है।
वो चुपचाप अपने सपने
हमारे नाम कर देती है,
और हम समझ ही नहीं पाते
कि कोई हर दिन खुद को थोड़ा-सा खो देती है।
डॉट में भी उसका प्यार छिपा होता है,
चुप्पी में हज़ारों दुआएँ होती हैं,
जब पूरी दुनिया सवाल बन जाए,
माँ ही उसका जवाब होती है।
ना उसे तारीफ़ चाहिए,
ना किसी मंच का मान,
फिर भी उसकी ममता
हर रिश्ते से ऊँची पहचान।
अगर ज़िंदगी एक किताब है,
तो माँ उसकी सबसे खूबसूरत शुरुआत है
आधा जैन
आठवीं-इ



समय का महत्व

समय की कीमत जानो भाई,
यह जीवन की सच्ची कमाई।
जो इसे समझे, बने सफल वही,
जो गँवाए, पछताए वही।

समय न रुकता, न थमता है,
हर पल संदेश सुनाता है।
जो इसके संग चलना जाने,
वह हर मंज़िल पाना जाने।

पढ़ाई हो या खेल का मैदान,
समय है सबको एक समान।
जो आलस में इसे खो देते,

वे जीवन भर पछताते रहते।
समय से बढ़कर कोई धन नहीं,
सच में इससे बढ़कर कुछ नहीं।

हर सुबह नई आशा लाती,
सही राह हमें दिखलाती।

इसलिए जो समय का सदुपयोग करेगा,
वही सफलता का ताज धरेगा।



कनिष्का गुप्ता
आठवीं - ड

सोशल मीडिया और उसके दुष्परिणाम

आधुनिक डिजिटल युग में सोशल मीडिया ने मानव जीवन को एक नई दिशा दी है। यह जहाँ ज्ञान, सूचना और संवाद का सशक्त माध्यम बन चुका है, वहीं इसके दुष्परिणाम भी समाज के सामने एक गंभीर चुनौती के रूप में उभर रहे हैं।

आज का युवा वर्ग सोशल मीडिया से सबसे अधिक प्रभावित हो रहा है। इसके अत्यधिक उपयोग से तनाव, चिंता, अवसाद और आत्मविश्वास में कमी जैसी समस्याएँ बढ़ रही हैं। आभासी दुनिया में दूसरों से स्वयं की तुलना करना किशोरों में हीन भावना को जन्म देता है। साथ ही साइबर बुलिंग, ऑनलाइन धोखाधड़ी और पहचान की चोरी जैसी घटनाएँ भी चिंता का विषय बनती जा रही हैं।

सोशल मीडिया का दुरुपयोग विद्यार्थियों की पढ़ाई और स्वास्थ्य पर भी प्रतिकूल प्रभाव डालता है। लंबे समय तक स्क्रीन के सामने रहने से एकाग्रता में कमी, शारीरिक गतिविधियों का अभाव और नींद की समस्या उत्पन्न होती है, जिससे उनका सर्वांगीण विकास बाधित होता है।

इन दुष्परिणामों से बचाव के लिए आवश्यक है कि अभिभावक और शिक्षक बच्चों को सोशल मीडिया के विवेकपूर्ण उपयोग के प्रति जागरूक करें। उन्हें डिजिटल शिष्टाचार, ऑनलाइन सुरक्षा और समय प्रबंधन का महत्व समझाया जाना चाहिए।

निष्कर्षतः कहा जा सकता है कि सोशल मीडिया न तो पूर्णतः लाभकारी है और न ही पूर्णतः हानिकारक। इसका प्रभाव हमारे उपयोग पर निर्भर करता है। यदि इसका सीमित और सकारात्मक उपयोग किया जाए, तो यह समाज के विकास में सहायक सिद्ध हो सकता है।



रजत वर्मा
नौवीं - अ



सोशल मीडिया के उपयोग पर जागरूकता कार्यशाला

हाल ही में हमारे विद्यालय में सोशल मीडिया के सुरक्षित उपयोग पर एक जागरूकता कार्यशाला का आयोजन किया गया। इस कार्यशाला का मुख्य उद्देश्य विद्यार्थियों को सोशल मीडिया के लाभ और हानियों से परिचित कराना तथा उसके विवेकपूर्ण उपयोग के प्रति जागरूक बनाना था।

कार्यशाला में विशेषज्ञों ने बताया कि लंबे समय तक मोबाइल फोन और सोशल मीडिया का अत्यधिक उपयोग आँखों पर नकारात्मक प्रभाव डालता है। इससे आँखों में थकान, सिरदर्द और पढ़ाई में एकाग्रता की कमी जैसी समस्याएँ उत्पन्न हो सकती हैं। साथ ही, देर रात तक स्क्रीन देखने से नींद की गुणवत्ता प्रभावित होती है, जो हमारे शारीरिक और मानसिक स्वास्थ्य के लिए हानिकारक है।

विद्यार्थियों को यह भी समझाया गया कि सोशल मीडिया पर कई बार भ्रामक जानकारी और अनुचित विषय-वस्तु उपलब्ध होती है, जो बच्चों के मानसिक विकास को प्रभावित कर सकती है। इसलिए सोशल मीडिया का उपयोग करते समय सावधानी, समझदारी और जिम्मेदारी बहुत आवश्यक है।

कार्यशाला के दौरान शिक्षकों ने हमें सोच-समझकर कंटेंट देखने, समय का सही प्रबंधन करने और डिजिटल उपकरणों का संतुलित उपयोग करने की सलाह दी। साथ ही अभिभावकीय नियंत्रण (पैरेंटल कंट्रोल) के महत्व पर भी प्रकाश डाला गया, जिससे बच्चों को सुरक्षित ऑनलाइन वातावरण मिल सके।

यह कार्यशाला हम सभी के लिए अत्यंत उपयोगी और प्रेरणादायक रही। इससे हमें यह सीख मिली कि सोशल मीडिया का सीमित और समझदारीपूर्ण उपयोग ही हमारे लिए लाभकारी है। यदि हम सजग रहें और इसका सही ढंग से प्रयोग करें, तो इसके दुष्प्रभावों से स्वयं को सुरक्षित रख सकते हैं।



देवांक मित्तल
नौवीं-अ



★ भावों की उजली किरणें

बच्चे का मन कागज़ जैसा, सफेद, सरल, निष्कलंक,
जो भी रंग दिखाओ उसको, वैसा ही भर जाता अंक।
कभी हँसी की धूप बनाता, कभी रुठ कर बादल हो जाता,
छोटी-सी बात से खिल उठता, और कभी चुपचाप सो जाता।

उसे डोंट से डर लगता है, पर प्यार से वह खिल जाता,
एक मीठे से शब्द सुनकर, सारा गुस्सा भूल जाता।
वह सपनों की पोटली लेकर, स्कूल की राह पकड़ता है,
किताबों में दुनिया ढूँढ़ता, और खेलों में घर गढ़ता है।

कभी चाहता बस सुन ले कोई उसकी छोटी-सी कहानी,
न अंकों की चिंता होती, न होती कोई परेशानी।
शिक्षक जब मुस्कान दिखाएँ, तो दिल उसका खिल जाता है,
एक शाबाशी के शब्द से आत्मविश्वास बढ़ जाता है।

बच्चे का मन नाज़ुक होता, डर से जल्दी टूट भी जाता,
पर थोड़ा-सा स्नेह मिले तो, फिर से हँसना सीख जाता।
इस छोटे से दिल की धड़कन, बस इतना सा कहती है
प्यार, समझ और साथ मिले तो, हर राह आसान लगती है।

तनिष्का मदान

नौवीं-स



Empowering Progress Through Workshops





Teachers' Speak:

Embracing CBSE's New Educational Initiatives at MRG



राष्ट्रीय शिक्षा नीति 2020 तथा एनसीईएफ 2023 के अंतर्गत भारतीय भाषाओं के संरक्षण एवं संवर्धन पर विशेष बल दिया गया है। इसी क्रम में सीबीएसई द्वारा जारी नवीन दिशा-निर्देशों के अनुसार कक्षा V: एवं IX में दो भारतीय भाषाओं तथा एक विदेशी भाषा का अध्ययन अनिवार्य किया गया है। एमआरजी स्कूल ने इन निर्देशों का पूर्णतः पालन करते हुए हिंदी और संस्कृत को भारतीय भाषाओं तथा अंग्रेजी को विदेशी भाषा के रूप में अपनाया है।

संस्कृत भाषा हमारी भारतीय संस्कृति, परंपरा और ज्ञान-विज्ञान की मूल आधारशिला है। यह केवल एक भाषा नहीं, बल्कि भारतीय सभ्यता की पहचान है। संस्कृत के अध्ययन से विद्यार्थियों में नैतिक मूल्यों, तार्किक चिंतन तथा भाषाई दक्षता का विकास होता है। विद्यालय में संस्कृत को R-3 भाषा के रूप में विशेष महत्व दिया जा रहा है ताकि विद्यार्थी अपनी सांस्कृतिक जड़ों से जुड़े रहें।

नई व्यवस्था के अनुसार वर्तमान कक्षा V: के विद्यार्थी आगे चलकर कक्षा X में R-3 भाषा का बोर्ड परीक्षा विषय भी देंगे। वहीं वर्तमान कक्षा IX के विद्यार्थियों के लिए अगले वर्ष बोर्ड परीक्षा की अनिवार्यता नहीं होगी। उन्हें आधार मजबूत करने हेतु कक्षा IX में R-3 के अंतर्गत कक्षा V: स्तर की पुस्तक तथा कक्षा X में कक्षा V: स्तर की पुस्तक पढ़ाई जाएगी। इससे विद्यार्थियों पर अतिरिक्त शैक्षणिक दबाव नहीं पड़ेगा और वे सरलता से भाषा का ज्ञान अर्जित कर सकेंगे।

भारतीय भाषाओं को बढ़ावा देने की दिशा में यह एक अत्यंत सराहनीय कदम है। एमआरजी स्कूल सीबीएसई के सभी दिशा-निर्देशों का पालन करते हुए विद्यार्थियों में भारतीय भाषाओं के प्रति सम्मान और रुचि विकसित करने के लिए निरंतर प्रयासरत है।

नवीन मिश्रा
(संस्कृत अध्यापक)



"Language is the road map of a culture. It tells you where its people come from and where they are going."

— Rita Mae Brown

The Three-Language Formula is an important educational initiative that encourages students to learn three languages during their school years, usually including the mother tongue or regional language, Hindi or another Indian language and English. The policy aims to promote multilingualism, strengthen communication skills and help students develop a deeper understanding of India's rich cultural diversity.

With the implementation of the National Education Policy (NEP) 2020, significant reforms have been introduced to strengthen language learning in schools. Students in CBSE schools are now required to study a compulsory third language from Classes 6 to 10, with special emphasis on Indian languages and mother tongue-based learning during the foundational years. These changes not only enhance linguistic abilities but also encourage students to stay connected with their roots while preparing for global opportunities.

In alignment with the vision of NEP 2020, MRG School is committed to nurturing multilingual, culturally aware and confident learners through a holistic and inclusive approach to education. The school believes that learning multiple languages enhances creativity, critical thinking, confidence and problem-solving skills. It also broadens students' perspectives by helping them appreciate different cultures, traditions and values.

By promoting linguistic diversity and experiential learning, MRG School continues to empower students to become responsible, skilled and future-ready individuals prepared for lifelong learning and success.

Ms. Damanpreet Kaur
(TGT English)



The Three-Language Formula and Holistic Learning

Building Future-Ready Learners through AI and Computational Thinking



With the growing influence of Artificial Intelligence (AI) in every sphere of life, the Central Board of Secondary Education has introduced a comprehensive framework for Computational Thinking (CT) and AI for Classes III to VIII. The curriculum emphasises the development of logical thinking, problem-solving, pattern recognition, creativity, ethical decision-making and responsible use of technology among students.

CBSE has recommended integrating CT across subjects through puzzles, hands-on activities, coding, data analysis, collaborative projects and real-life problem-solving experiences. The framework also highlights the importance of AI awareness, digital citizenship, ethical use of technology and interdisciplinary learning to prepare students for an increasingly technology-driven future.

Keeping pace with these progressive educational reforms, MRG School has already been working consistently in this direction through the LogIQids programme for students from KG to Grade IX over the past few years. The programme focuses on strengthening Computational Thinking skills and aligns closely with the vision of CBSE. Notably, the LogIQids team has also contributed to the development of the CT curriculum framework introduced by CBSE.

Further strengthening its commitment towards future-ready education, MRG School has now extended the programme from KG to Grade XII. Through such initiatives, the school aims to equip learners with critical 21st-century skills, enabling them to become confident thinkers, innovators and responsible digital citizens of tomorrow.

Ms. Ayushi Jain
(TGT Mathematics)

Technology today is a way of thinking, learning, and problem-solving, with artificial intelligence standing as one of the 21st century's most innovative advancements. To prepare young minds, the Central Board of Secondary Education (CBSE) has progressively integrated Artificial Intelligence and Computational Thinking into the curriculum. This visionary board-led initiative shifts the educational paradigm away from rote memorization and toward crucial 21st-century skills like coding, data analysis, and algorithmic thinking.

At MRG School, we actively champion this progressive vision by weaving these core competencies directly into our daily lessons. We believe that technology shouldn't just be studied; it must be experienced. By combining CBSE's robust foundational framework with our school's hands-on, activity-based learning approach, we ensure that advanced technology is a natural and engaging component of our curriculum.

Through our dedicated institutional efforts and state-of-the-art laboratory infrastructure, we provide a resource-rich ecosystem where our students learn to create intelligent applications, design robots, and solve real-world problems. This powerful combination of computational thinking and AI equips our learners with systematic, logical and strategic thinking. Ultimately, our combined efforts empower MRGians to expand their minds, stay deeply curious and emerge as confident global citizens and responsible leaders of tomorrow's digital world.

Ms. Khushboo Gupta
(TGT Computer Science)



21st Century Skills: Learning Beyond Marks



In today's rapidly changing world, parents seek schools that focus not only on academic excellence but also on the overall development of children, especially during the kindergarten years, which lay the foundation for lifelong learning and personality development. At this early stage, children need a nurturing environment where they feel safe, happy and encouraged to explore, learn and grow with confidence.

Young learners understand concepts better when education is engaging, playful and meaningful. Interactive activities, storytelling, music, art, hands-on learning, group games and experiential tasks make learning enjoyable while helping children develop communication, creativity, teamwork and problem-solving skills. Along with academics, schools also play an important role in instilling values such as kindness, sharing, discipline, empathy and respect, which contribute to the holistic development of every child.

In alignment with this vision, MRG School believes that every child is unique and possesses special talents and abilities. The kindergarten curriculum focuses on experiential and activity-based learning that nurtures curiosity, confidence and independent thinking. Children are encouraged to ask questions, express themselves freely and actively participate in sports, music, dance, art and other creative activities that support their emotional, social and cognitive growth.

By integrating modern teaching methodologies with value-based education, MRG School creates a joyful and nurturing environment where young learners develop into confident, responsible and future-ready individuals.

Ms. Ekta Mudgal
(NTT)



The 21st century has transformed the way children learn, think and interact with the world. Today, education is not limited to textbooks and examinations; it also focuses on developing essential life skills such as communication, creativity, collaboration, critical thinking and problem-solving. These skills help students become confident, responsible and independent individuals prepared to face real-life challenges with a positive mindset.

Aligned with the vision of NEP 2020 and CBSE, MRG School is committed to creating a future-focused and experiential learning environment. The school emphasizes understanding and practical application rather than rote memorization. Through activities, storytelling, projects, discussions, hands-on experiences and collaborative learning, students are encouraged to ask questions, express their ideas and participate actively in the learning process.

MRG School also promotes skill-based education through coding, art integration, activity-based learning and experiential assessments, helping students connect classroom knowledge with everyday life. Teachers act as facilitators and mentors who guide and inspire students to become curious and confident learners.

By nurturing creativity, values, confidence and life skills alongside academics, MRG School ensures the holistic development of every child. Through its continuous efforts, the school is shaping responsible, capable and future-ready learners prepared for both academic success and life beyond the classroom.

Ms. Ritu Chandwani
(NTT)





Nurturing Happy Minds and Healthy Hearts

"Children must be taught how to think, not what to think."
—Margaret Mead

In today's fast-changing world, mental health and emotional well-being are equally important as academic success. At MRG School, we believe that emotionally healthy children grow into confident, compassionate, and responsible individuals. Therefore, along with academics, the school actively focuses on nurturing emotional intelligence, empathy, resilience and self-awareness among students.

Emotional Intelligence (EI) — the ability to understand and manage emotions effectively — is one of the most important psychological skills emerging today, especially during adolescence and early childhood. Children and teenagers often experience academic pressure, peer influence, social comparison, and digital stress. Through regular counselling sessions, mindfulness activities, value education, and interactive classroom discussions, MRG School helps students recognise emotions, express themselves positively, and develop healthy coping skills.

The school also promotes emotional safety and peer support by encouraging kindness, respectful communication, and peaceful conflict resolution. Younger children are guided through storytelling and gratitude activities, while adolescents receive support on stress management, self-esteem, relationships, and digital wellness.

At MRG School, teachers, counselors, and parents work together to create a supportive environment where every child feels heard, valued, and understood. We believe that true education not only builds intelligent minds but also emotionally strong and empathetic hearts prepared for life beyond the classroom.

Ms. Garima Dahiya
(PGT Psychology cum School Counsellor)

Fitness, Wellbeing and Holistic Growth

"A healthy body nurtures a healthy mind, and together they build a successful future."

Physical education and wellbeing play a vital role in shaping balanced, confident and future-ready individuals. In today's technology-driven world, where students spend long hours engaged in academics and digital activities, maintaining physical fitness and mental wellness has become more important than ever. Physical education is not limited to sports and games; it is a powerful medium for developing discipline, leadership, teamwork, resilience and healthy lifestyle habits.

Aligned with the vision of holistic development, MRG School encourages students to actively participate in a variety of sports and wellness activities such as football, basketball, cricket, badminton, athletics, yoga, martial arts, fitness training, and indoor games. These activities strengthen physical endurance, improve concentration, enhance coordination and build self-confidence. Participation in sports also teaches students valuable life lessons including cooperation, patience, sportsmanship and the ability to handle both success and failure with positivity.

Equal importance is given to mental and emotional wellbeing through practices like yoga and meditation, which help students reduce stress, remain focused and maintain emotional balance. Healthy habits such as regular exercise, balanced nutrition, proper sleep and mindfulness are consistently promoted to ensure the overall wellbeing of students.

MRG School firmly believes that true education extends beyond textbooks and examinations. By integrating physical education and wellbeing into everyday learning, the school continues to nurture healthier, happier and more confident individuals who are prepared to face life's challenges with strength, determination and positivity.

Mr. Ashwani Kumar
(PGT Physical Education)



Learning Beyond Classrooms Through Kaushal Bodh



Education in today's world extends far beyond academic achievement. In alignment with the vision of NEP 2020 and the latest CBSE initiatives, schools are now focusing on skill-based and experiential learning to equip students with the competencies required for the future. Kaushal Bodh represents this growing awareness of nurturing practical skills alongside conceptual understanding.

At MRC School, this vision is meaningfully reflected through innovative classroom practices and hands-on learning experiences. As a STEM educator teaching students from Grades III to IX, I have observed how experiential learning transforms curiosity into innovation. Through robotics models, engineering challenges, coding activities and collaborative projects, students not only strengthen their technical understanding but also cultivate communication, leadership and analytical skills.

Skill-oriented education empowers learners to adapt to an evolving technological world with confidence and responsibility. It fosters independent thinking and encourages students to approach challenges with creativity and resilience.

Kaushal Bodh, therefore, is not merely the development of vocational or technical abilities; it is the holistic development of young minds. By integrating modern educational practices with meaningful skill development, MRC School continues to nurture capable, innovative and socially responsible individuals prepared to excel in the future.

Ms. Aahana
(STEM Educator)



At MRC, we see CBSE's Kaushal Bodh initiative as a meaningful opportunity to make learning more practical, engaging and connected to everyday life. It helps students move beyond textbooks and build real skills along with strong values. This approach closely reflects our school values of Empathy, Integrity, Courage, and Excellence.

Through "Work with Life Forms," students are encouraged to connect with nature and understand their responsibility towards the environment. Recently, a seminar on gardening tools, hydroponics and vertical gardening gave students a hands-on understanding of how plants can be grown using both traditional and modern methods. Such experiences help them appreciate sustainability and develop care for living systems in a very real way.

In "Work with Machines and Materials," students explore, create and experiment through activities like STEM projects, robotics, craft work and model-making. These experiences build curiosity and excellence, while also giving students the courage to try new ideas, make mistakes and learn from them.

Under "Work in Human Services," students take part in activities that develop empathy, teamwork and responsibility. Through collaborative tasks, peer support and community-oriented experiences, they learn the importance of kindness, honesty and integrity in daily life.

At MRC, Kaushal Bodh is not treated as an additional programme, but as a natural extension of learning. It helps students grow into confident, capable individuals who are not only academically strong but also socially aware and ready for life.

Ms. Pallavi Jain
(Academic Coordinator)
(III – VII)



Competency-Based Education: Shaping Future-Ready Learners



Education nowadays is no longer restricted to memorizing facts and reproducing them on answer sheets. There has been a paradigm shift towards conceptual understanding, skill analysis and practical application of classroom learned concepts in real-life situations. Acknowledging this need, the Central Board of Secondary Education has introduced the concept of Competency-Based Education, which emphasizes 21st century skills like critical thinking, problem-solving, creativity, collaboration and experiential learning among students.

At MRG School, we have whole heartedly applied this progressive and innovative approach entirely replacing the system of rote memorization. Our teaching-learning practices are carefully curated to ensure that students not only focus on theoretical knowledge but also learn how to apply it practically and pragmatically beyond classrooms. Daily discussions, experiential learning, investigatory projects, case studies, group tasks and inquiry-based learning have become an integral part of our daily pedagogy.

Moreover, all assessments at MRG School are designed in alignment with the competency-based approach. Instead of traditional approach now question papers are thoughtfully curated to evaluate students' conceptual understanding, analytical skills and application abilities rather than conventional rote memorization. With this learner-centric approach, students are encouraged to think critically, work independently and relate classroom concepts directly with real-world experiences.

The implementation of Competency-Based Education has brought a remarkable transformation making learning more engaging and output focused. At MRG School, we believe that education should empower students with the competencies required to thrive in the 21st century and become responsible global citizens.

Ms. Pooja Goel
(PGT Biology)



At MRG School, we believe that education goes beyond achieving academic excellence and scoring well in examinations. We are committed to nurturing knowledgeable, skilled and confident learners who are prepared to succeed in an ever-evolving world. In alignment with the vision of the National Education Policy (NEP) 2020, we have embraced Competency-Based Learning (CBL) as a progressive and student-centric approach that promotes meaningful understanding, practical application and holistic development.

Through Competency-Based Learning, we encourage students to master concepts through experiential and skill-oriented learning rather than rote memorization. This approach enables learners to develop essential 21st-century skills such as critical thinking, communication, collaboration, creativity and problem-solving. We strive to prepare our students to meet higher education expectations, adapt to changing workplace demands, solve real-world challenges, communicate effectively, work collaboratively and make informed and responsible decisions with confidence.

At MRG School, we view Competency-Based Learning as a transformative step towards creating a more personalized, flexible and future-focused educational environment. By emphasizing mastery, innovation and real-world relevance, we nurture confident learners, responsible citizens, effective communicators, creative thinkers and future-ready individuals who are capable of contributing meaningfully to society.

Ms. Aditi Jain
(PGT Commerce)





Nurturing Creativity Through Art Education

At MRG School, Art Education is an integral part of holistic learning and personality development. In alignment with the school's vision of nurturing confident, creative and expressive individuals, students are provided with numerous opportunities to explore their talents through both Performing Arts and Visual Arts.

The school consistently encourages participation in activities such as Nukkad Natak, theme-based special assemblies, RJ Competitions and Just a Minute (JAM) sessions. These platforms help students enhance their communication skills, creativity, stage confidence, teamwork and self-expression. Through speeches, music, dance, drama and presentations, students learn to communicate meaningful ideas effectively while developing confidence and leadership qualities.

MRG School also integrates art with value-based and experiential learning by organizing competitions and assemblies based on Sustainable Development Goals (SDGs), environmental awareness, gratitude, kindness and social responsibility. Poster Making and Painting Competitions inspire students to express their creativity while becoming more aware of important global and social issues.

Through continuous efforts and innovative initiatives, MRG School creates an enriching environment where learning becomes joyful, meaningful and engaging. Art Education at the school not only nurtures imagination and creativity but also helps students become empathetic, socially aware and future-ready individuals who confidently express themselves and contribute positively to society.

Ms. Latika Sharma
(TGT Social Science)



Transforming Assessment Through NEP 2020

In alignment with the vision of NEP 2020 and CBSE's evolving assessment framework, education today is steadily moving from rote memorisation towards competency-based and experiential learning. The focus is no longer limited to academic achievement alone; instead, schools are nurturing learners equipped with 21st century skills such as critical thinking, creativity, collaboration and problem-solving, thereby preparing them to become self-reliant and future-ready individuals.

At MRG School, assessment is viewed as a continuous and holistic process that supports the overall growth of every learner. In accordance with CBSE reforms, the school has implemented Holistic Progress Cards up to Grade V, ensuring that students are assessed across multiple domains including academics, visual and performing arts, life skills and behavioural development. This approach recognises the individuality and potential of every child while promoting meaningful learning experiences.

The school further strengthens experiential and vocational learning through Kaushal Bodh in the middle years and Kaushal Vikas in the senior years. Competency-based assessments, STEM initiatives, subject enrichment activities and interdisciplinary learning experiences encourage students to become confident thinkers, creative problem-solvers and responsible citizens.

At MRG School, assessment is not merely a measure of marks; it is a powerful tool for reflection, growth and lifelong learning. The institution firmly believes that the true purpose of education lies not only in preparing students for examinations, but in preparing them for life.

Ms. Sanjana Bhalla
(PGT Commerce cum Examination Head)



From Equations to Experiences in the Chemistry Classroom

"Education is not preparation for life; education is life itself."

— John Dewey

For many students, Chemistry begins as a subject full of equations, symbols, and reactions—and for some, it sadly ends there too. Yet Chemistry is everywhere: in the aroma of tea, the fizz in soft drinks, medicines, fuels, and even rusting iron gates. The challenge, therefore, is to teach Chemistry not as a subject to be feared, but as a story to be lived.

Aligned with the National Education Policy (NEP) 2020 and the theme "Vidya for Life: Schools as Centres of Skills and Sensibility," storytelling and real-life connections can transform Chemistry classrooms into joyful and meaningful spaces of learning. Storytelling makes scientific concepts relatable and memorable. Instead of beginning atomic structure with abstract theories, introducing the historical journey of discoveries sparks curiosity and imagination. Students may forget formulas, but they remember stories.

Connecting Chemistry with daily life further deepens understanding. Concepts such as acids and bases, oxidation, polymers, and thermochemistry become meaningful when linked to digestion, rusting, plastics, cooking, fuels, and environmental concerns. Such experiential and inquiry-based learning encourages students to ask questions, think critically, and apply knowledge beyond examinations.

Storytelling also supports inclusive classrooms by engaging diverse learners and encouraging creativity, discussion, and self-expression. Reflective journals, case studies, and collaborative activities shift assessment from fear to growth and understanding.

Technology and AI tools can further enrich learning through animations, virtual labs, and digital storytelling, while discussions on sustainability and ethical scientific practices nurture responsibility and environmental awareness.

Ultimately, teaching Chemistry through stories and real-life experiences helps students gain not only academic knowledge but also curiosity, values, and life skills. This is the true essence of Vidya for Life—education that connects learning with life itself.

(An extract from the article published in National Progressive Schools Conference Magazine)

Ms. Kiran Sarthi
(TGT Science)



Students Speak: From Their Hearts to Yours



Grade XII •
Batch of 2025-26





My journey at MRG has been a beautiful and unforgettable chapter of my life. Under the inspiring leadership of our respected Principal Ma'am, the school provided an environment filled with motivation, discipline and care. The teachers constantly encouraged and guided us to become confident and responsible individuals. Beyond academics, MRG gifted me priceless memories, lifelong friendships and valuable life lessons. As I graduate, I feel emotional yet grateful to my school for shaping my character, nurturing my dreams, and preparing me to step confidently into the future.

Aditya Jain

As I stand at the final phase of my school journey, I feel deeply grateful to MRG School for shaping me into a confident and future-ready individual. From leadership opportunities to unforgettable experiences, every moment here has contributed to my personal growth. Under the inspiring guidance of our respected Principal, Anshu Mital, the school not only focused on academics but also provided valuable career guidance, preparation for competitive and external examinations and opportunities that helped us discover our potential and prepare confidently for the future.

Anushka Handa



My years at MRG School have played a significant role in shaping the person I am today. From nervous first presentations to confidently standing in Grade XII, every step of my journey was guided by caring teachers and constant encouragement. The school's strong focus on 21st-century skills such as communication, leadership, creativity, collaboration and critical thinking prepared us not only for academics but also for life ahead. The laughter, challenges, achievements and unforgettable experiences within these walls will always remain close to my heart. Though saying goodbye is bittersweet, I leave stronger, wiser and immensely proud to be an MRG School student.

Sannidhya Pathak

I still remember joining MRG School after changing schools, feeling uncertain and out of place. With the support of caring teachers and encouraging classmates, I gradually rebuilt my confidence and discovered my strengths. MRG not only helped me grow academically but also nurtured my interest in sports, especially shooting, giving me opportunities to pursue my passion with confidence and discipline. As I leave Grade XII, I carry unforgettable memories, strong values, and life lessons that have shaped me into a more determined and self-assured individual.

Charvi Mehta



MRG School has truly been my second home during the most transformative years of my life. The visionary school management and dedicated teachers provided us with the best exposure through academics, sports, leadership opportunities, cultural activities and career guidance, helping us discover and develop our true potential. Beyond textbooks, the school instilled discipline, empathy, confidence and the courage to express ourselves. Every experience here shaped my personality and prepared me for the future. As I complete Grade XII, I step ahead with gratitude, confidence and countless cherished memories.

Angel Shokeen

Alumni Spotlight



VISHAL YADAV
|BATCH 2020-21 |
INTERN, KPMG GLOBAL SERVICES



THE MRG IMPACT

My eight-year journey at MRG School, from Class V to Class XII, was easily one of the most transformative periods of my life, shaping both the person and professional I am today. MRG provided me with far more than just a textbook education; it was a nurturing environment that helped me map out my strengths and weaknesses while pushing me to continuously improve. Thanks to the unwavering guidance of the teachers and staff, I developed the discipline, confidence and strong fundamentals needed to thrive after school. What I appreciate most was MRG's focus on holistic development—by actively encouraging us to dive into sports and co-curricular activities alongside our academics, I picked up essential life skills like leadership, communication and perseverance. This solid foundation prepared me beautifully for my time at Sri Venkateswara College and my current role at KPMG Global Services, where I contribute to solving complex business challenges.

WORDS OF WISDOM

"Master your fundamentals, stay deeply curious and never hesitate to ask questions. True growth happens when you step out of the classroom, so participate actively in sports and extracurriculars—these are the experiences that build your personality and teach you skills that books alone cannot offer."



VANI SACHDEVA
BATCH 2022-23 |
ASPIRING PHYSICIAN &
MBBS CANDIDATE

THE MRG IMPACT

MRG School has served as a cornerstone of academic excellence and profound personal transformation, evolving from a second home into the launchpad for my medical aspirations. Arriving initially as a reserved student, the school's nurturing ecosystem, paired with the unwavering support of the faculty, systematically cultivated my self-belief, resilience and core leadership capabilities. This comprehensive educational foundation seamlessly prepared me for the rigorous demands of pursuing an MBBS degree at North DMC Medical College and Hindu Rao Hospital, where I am currently in my second year. Beyond the classroom, my journey was defined by meaningful collaborations and definitive milestones, crowned by the prestigious distinction of being named "Student of the Year" at the farewell. Guided by these enduring principles, I continue to approach my professional journey with the same commitment to excellence instilled during my formative school years.

WORDS OF WISDOM

"Enjoy your journey and maximize every opportunity. While academic marks are undoubtedly important, the memories, experiences and profound lessons you gain will stay with you far longer. Respect your mentors, cherish your friendships, dream big and consistently strive to become the best version of yourself."



KARTIK PAWARIA
BATCH 2022-23 |
MANAGEMENT
UNDERGRADUATE (BMS)

THE MRG IMPACT

MRG School was far more than a place of academic learning for me; it served as the definitive foundation that shaped my character, confidence and leadership abilities. The school's unique ecosystem nurtured a deep sense of curiosity, responsibility and active participation, challenging me to constantly push my boundaries beyond the classroom. This robust preparation allowed me to seamlessly transition into higher education, where I recently graduated with a Bachelor of Management Studies (BMS) from Shaheed Sukhdev College of Business Studies and am now actively stepping into the professional finance sector. Beyond the rigorous academics, my journey was profoundly enriched by a supportive peer group and the unwavering guidance of my mentors, who helped broaden my perspective and build an invaluable foundation for my analytical journey. My most cherished milestone remains the humbling moment I was announced as Head Boy in the school hall—a powerful culmination of growth and community support that continues to inspire me as I embark on my professional career.

WORDS OF WISDOM

"Trust yourself, value your own opinions and have absolute confidence in your abilities. Never hesitate to step outside your comfort zone, because every unfamiliar opportunity holds the potential to teach you something valuable. Stay curious, remain resilient and consistently strive to become the absolute best version of yourself."



KRISH LAKHOTRA
[BATCH 2022-23 |
ENGINEERING
UNDERGRADUATE (B.TECH)

THE MRG IMPACT

MRG School provided an environment where I could truly learn, question and grow far beyond academics. Although I arrived on my first day feeling incredibly nervous about stepping into a completely new environment, the exceptionally welcoming atmosphere and supportive community helped me adapt much faster than I had ever expected. The approachable faculty and encouraging learning space played a pivotal role in transforming my confidence, teaching me to comfortably express my thoughts and participate actively. This solid foundation seamlessly prepared me for university life at VIPS-TC (GGSIPU), where I am currently completing my final year of a Bachelor of Technology in Internet of Things (IoT) and developing projects across Full Stack, AI and Machine Learning. MRG ingrained proactive habits, a continuous learning mindset and examination resilience in me, while the lasting friendships I built taught me the essential teamwork skills I rely on today.

WORDS OF WISDOM

"Don't be in a hurry to have everything figured out. Be open to exploring different interests and opportunities, because the path you eventually choose may be very different from what you imagine today. Focus on learning, building skills and staying curious—the rest becomes clearer with experience."



DIYA KALRA
[BATCH 2022-23 |
ASTROPHYSICS
UNDERGRADUATE
(B.SC. HONS.)

THE MRG IMPACT

MRG School is a part of my life I will never forget. It was a stepping stone that encouraged me to dream big and aim for the stars. The school was a warm, welcoming place where I found lifelong friends, discovered amazing opportunities and always had the support of teachers who truly believed in me. Looking back now from the University of Alberta in Edmonton, Canada, where I am studying for my B.Sc. Honors in Astrophysics, I really miss the pure simplicity of my school days. Back then, I could just focus on being a kid without worrying about the rest of the world. That peaceful time gave me the space to figure out who I am and make beautiful memories that I now hold very close to my heart. I am so grateful for the strong foundation MRG gave me. Even though I miss everyone back home, the lessons I learned at school keep guiding me as I chase my dreams across the universe.

WORDS OF WISDOM

"Don't rush to grow up—the independence of university life is exciting, but the simplicity of your school days is a rare gift. Push your boundaries, dive deep into learning and squeeze every drop of joy out of your time at MRG. Protect these moments today, because they become the anchor that grounds you when you start chasing your universe tomorrow."



HARSHITA BANGA
| BATCH 2023-24 |
MEDIA UNDERGRADUATE &
PROFESSIONAL ANCHOR

THE MRG IMPACT

MRG School served as the ultimate canvas for my academic and personal evolution, igniting the confidence, creativity and determination that define my career today. The school's vibrant ecosystem, backed by the constant encouragement of my mentors, pushed me to embrace leadership roles, cultural activities and public speaking platforms. Actively engaging in school events and classroom initiatives remains my most cherished memory; it was on those very stages that I mastered the art of discipline, teamwork and dynamic crowd engagement. The refined communication skills I sharpened at MRG paved the way for my current endeavors as a Journalism and Mass Communication student at Bharati Vidyapeeth (BVICAM). Today, I seamlessly blend academics with a fast-paced professional life—managing digital footprints as a social media manager and commanding the stage as an event host for fashion shows, award ceremonies, public gatherings and Bollywood celebrity events.

WORDS OF WISDOM

"Believe in your innate abilities, safeguard your curiosity and never hesitate to venture into unfamiliar territory. Every unique experience you gather within these school walls today is a building block shaping your tomorrow."



RIDDHIM SHARMA
| BATCH 2023-24 |
YOUNG ENTREPRENEUR &
FOUNDER- TIMELESS TIES

THE MRG IMPACT

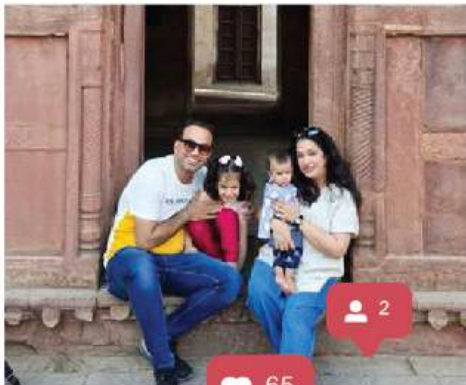
It has been two years since I graduated from school and today, as a young entrepreneur running my own end-to-end wedding planning company, I am incredibly grateful for the foundation MRG gave me. Turning dream weddings into reality at such a young age requires immense confidence, and my teachers were instrumental in that journey. They were not only excellent educators but also constant pillars of support who encouraged me to think creatively, take initiative and believe in my potential. My most cherished school memories revolve around participating in various events and activities where my teachers always motivated me to step forward and shoulder responsibility. Those hands-on experiences taught me vital lessons in leadership, teamwork and public confidence. Looking back, they played a massive role in helping me develop the entrepreneurial mindset that guides my business decisions every single day.

WORDS OF WISDOM

"Stop waiting for a roadmap; the real joy of being an entrepreneur is drawing it yourself. Walk through every open door at school, even if you feel unprepared. Treat every project like your first business venture and every team assignment like your board of directors. The willingness to try, fail and pivot within these walls is exactly what transforms a simple daydream into a thriving reality."

Parent Voices: Shared Experiences, Shared Success

Mr. Rahul Chugh



102 likes

Mr. Rahul Chugh #mrgschool

We are thrilled with the growth in Samaira's confidence this year. She has moved from being hesitant to proactively solving problems on her own. It is clear that the school's environment encourages critical thinking and self-assurance and we truly appreciate the staff's dedication to nurturing these essential life skills. By encouraging students to work through challenges independently, the school has significantly strengthened my child's problem-solving abilities.

Mr. Rahul Chugh
Father of Samaira Chugh



Ms. Soniya Mann



102 likes

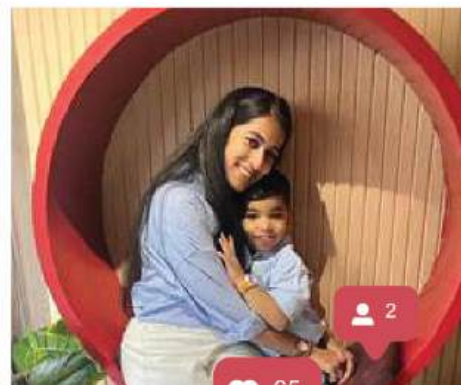
Ms. Soniya Mann #mrgschool

I am extremely delighted with my child's progress at this school, where learning truly extends beyond textbooks. The most remarkable improvement has been in my child's speech clarity, achieved through thoughtful guidance and individualized attention, which has greatly boosted his confidence. The school's innovative teaching methods have strengthened communication skills and inspired a genuine enthusiasm for learning. A warm, nurturing environment supports holistic development at every stage. The teachers are exceptionally caring, patient and collaborative, ensuring each child's unique needs are met while keeping parents well informed. Their dedication and creativity have made a meaningful and lasting impact.

Ms. Soniya Mann
Mother of Ivaan Jain



Ms. Aarti Jain



102 likes

Ms. Aarti Jain #mrgschool

Granth has shown remarkable progress this year. His grasp of English, as well as his ability and confidence to talk to strangers and speak on random topics, has truly amazed me. MRG's holistic approach, combining academics with practical learning, is what makes us appreciate the school and the teachers' efforts. Attention to extracurricular activities such as Abacus, personality development and other clubs also helps children grow mentally and sharpen the skills required for a competitive environment.

Ms. Aarti Jain
Mother of Granth Bohra



Parent Voices: Shared Experiences, Shared Success

Ms. Shruti Verma



102 likes

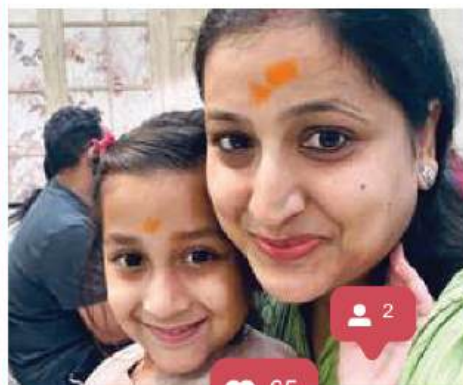
Ms. Shruti Verma #mrgschool

We are extremely grateful to MRG School for the nurturing learning environment and the positive role it has played in our child's overall development. The school's balanced focus on academics and co-curricular activities has helped build strong communication and public speaking skills through presentations, assemblies and interactive sessions. Emphasis on sports such as skating, swimming and taekwondo has developed discipline, confidence and teamwork. The hands-on learning approach in the Maths and Science Labs makes concepts engaging and easy to understand. We deeply appreciate teachers' dedication and regular communication, which keeps parents involved and confident.

Ms. Shruti Verma
Mother of Dhimahi Verma



Ms. Priyanka Garg



102 likes

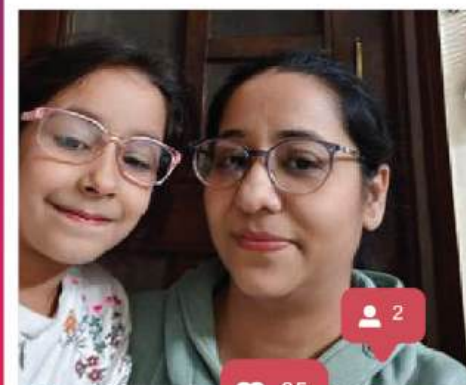
Ms. Priyanka Garg #mrgschool

We are extremely happy with our experience at the school. From the first day, we felt a sense of warmth, care and trust. The teachers are supportive and approachable and give individual attention to each child's learning needs. They treat every child with love and patience. We have seen wonderful growth in her learning, communication skills, and overall personality. Watching her walk into school happily each day assures us that she feels safe and loved. We are deeply grateful to her teachers for nurturing her with such dedication.

Ms. Priyanka Garg
Mother of Vaanika Garg



Ms. Swati Prasher



102 likes

Ms. Swati Prasher #mrgschool

As a parent, there is no greater gift than knowing that your child is in good hands. Teachers' patient efforts and supportive attitude have allowed our child not only to learn but also to enjoy the process. I appreciate teachers' willingness to listen to parental concerns and work collaboratively to find solutions. I am impressed with the way teachers have supported my child's learning needs and adapted the teaching approach to suit their learning style. I would like to thank MRG School, as well as congratulate the entire staff, for every effort you put into bringing up our children. The teachers have definitely put their best foot forward, and the children have outperformed themselves.

Ms. Swati Prasher
Mother of Sargun Prasher



Parent Voices: Shared Experiences, Shared Success



Ms. Shivangi Maheshwari

102 likes

Ms. Shivangi Maheshwari #mrgschool

Our experience with MRG school has been truly wonderful. The teachers are caring, patient and deeply committed to each child's overall development. My child has shown significant improvement in confidence, communication skills, and learning habits. The school provides a safe, joyful, and encouraging environment where children love to learn and explore. Activities are thoughtfully planned, balancing academics with creativity and values. Regular communication with parents keeps us well informed and involved. We are truly grateful to the school for nurturing our child's learning journey so beautifully.

Ms. Shivangi Maheshwari
Mother of Vedansh Maheshwari



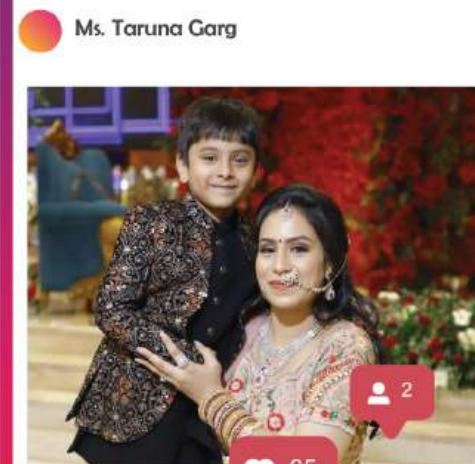
Ms. Mitika Chawla & Mr. Deepak Chawla

102 likes

Ms. Mitika Chawla & Mr. Deepak Chawla
#mrgschool

We are extremely happy with our child's experience at the school during the 2025-26 session. We have noticed a positive improvement in both academic learning and overall personality development. The teachers are supportive, approachable and genuinely caring towards the children. We especially appreciate the balanced focus on studies, co-curricular activities and values. The regular communication with parents and engaging learning methods have made a wonderful difference in our child's confidence and enthusiasm for school.

Ms. Mitika Chawla & Mr. Deepak Chawla
Parents of Aarav Chawla



Ms. Taruna Garg

102 likes

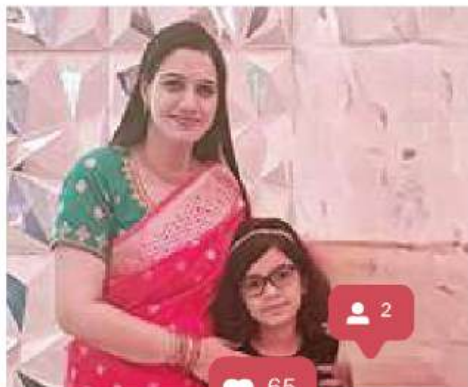
Ms. Taruna Garg #mrgschool

I am very happy to have chosen MRG School for my child Yukt Garg. The teachers use excellent teaching aids which make concepts easy to understand and enjoyable. One thing I truly like, apart from academics, is that the school provides stage exposure every week and also promotes sports. This holistic approach has supported our child's overall personality development, enhanced communication skills and independent thinking. MRG School is like a second home which gives direction and shapes the bright future of our child.

Ms. Taruna Garg
Mother of Yukt Garg

Parent Voices: Shared Experiences, Shared Success

Ms. Preeti Shokeen



102 likes

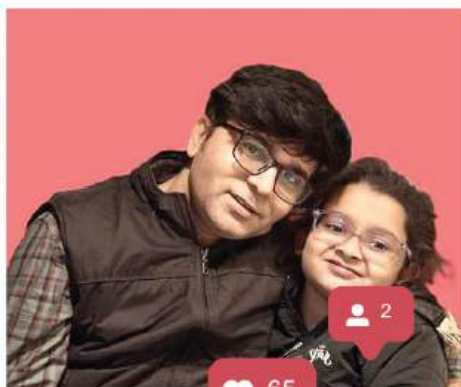
Ms. Preeti Shokeen #mrgschool

Our experience with MRG School has been truly positive. The learning environment is nurturing, structured and engaging, allowing our child to grow both academically and emotionally. The teachers show genuine care and consistently encourage curiosity, creativity and confidence. We have observed remarkable improvement in our child's communication skills, problem-solving abilities and overall enthusiasm for learning. The school's focus on holistic development has helped our child become more independent and socially aware. We are grateful for the supportive community and the meaningful impact it has had on our child's growth. It is reassuring to know our child is in a place where learning is joyful and meaningful every day.

Ms. Preeti Shokeen
Mother of Aakriti Shokeen



Mr. Deoki Nandan Mishra



102 likes

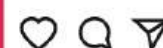
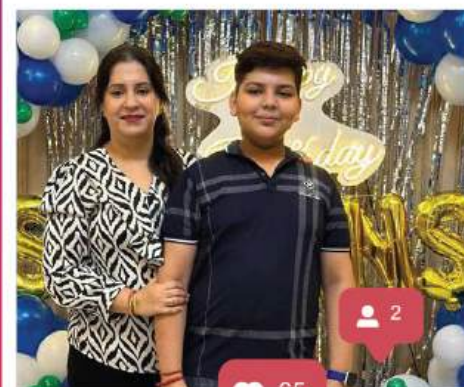
Mr. Deoki Nandan Mishra #mrgschool

We are extremely satisfied with the school and its nurturing environment. The teachers provide individual attention and make learning engaging, enjoyable and meaningful. We have witnessed remarkable progress in our child's academic performance, behaviour and self-confidence. The school's strong emphasis on moral values, creativity and co-curricular activities plays a vital role in holistic personality development. We are truly grateful to the school for positively shaping our child's present and future.

Mr. Deoki Nandan Mishra
Father of Vaishnavi Mishra



Ms. Priyanka Chhabra



102 likes

Ms. Priyanka Chhabra #mrgschool

I am delighted to share my experience with MRG School, where my child, has been studying since Nursery. The school stands out for its nurturing atmosphere, academic excellence, and focus on holistic growth. Under the inspiring guidance of Principal Madam, Anshu Mital and a team of dedicated teachers, students receive enriching exposure to academics, values, life skills, and co-curricular activities. Watching my child evolve into a confident and responsible individual has been truly gratifying. I wholeheartedly recommend MRG School to every parent seeking quality education and overall development for their child.

Ms. Priyanka Chhabra
Mother of Samar Chhabra



Parent Voices: Shared Experiences, Shared Success

Ms. Chanchal Jain



102 likes

Ms. Chanchal Jain #mrgschool

Our experience with MRG School during the academic year 2025–26 has been exceptionally gratifying and enriching. The institution has demonstrated remarkable advancement in academic excellence, student engagement and holistic development. The unwavering dedication of the faculty, coupled with innovative pedagogical approaches, has significantly nurtured our child's confidence, creativity and intellectual curiosity. We deeply admire the school's emphasis on moral values, discipline and co-curricular enrichment. MRG School has truly fostered a stimulating and compassionate learning environment that inspires students to strive for excellence in every sphere of life.

Ms. Chanchal Jain
Mother of Navya Jain



Ms. Rachna Jain



102 likes

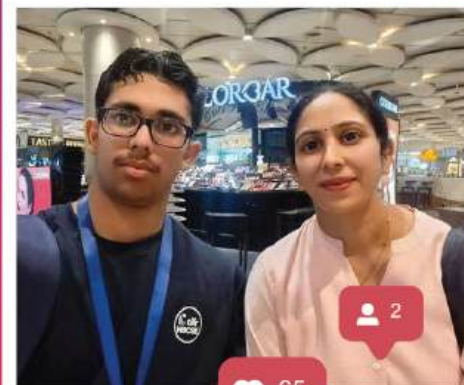
Ms. Rachna Jain #mrgschool

I take great pride in my decision to enroll my daughter, Kritika at MRG School. The school has played a pivotal role in shaping her personality, helping her blossom into a confident and well-rounded individual. Her exceptional growth—both academically and in co-curricular pursuits is a direct result of the wonderful support, expertise and immense exposure provided by the faculty. The nurturing atmosphere here makes every child feel valued, motivated and inspired to achieve their full potential. Seeing her thrive so beautifully reassures us everyday that we made the absolute best choice for her education.

Ms. Rachna Jain
Mother of Kritika Jain



Ms. Soniya Goyal



102 likes

Ms. Soniya Goyal #mrgschool

As a parent, I feel immensely grateful to MRG School for providing such a warm, nurturing and inspiring environment for children. The teachers are highly dedicated, caring and supportive, always encouraging students to learn with confidence and grow into responsible individuals. I sincerely appreciate their hard work and commitment towards every child's overall development. I would also like to express heartfelt gratitude to the respected Principal Ma'am for her constant motivation, visionary leadership and encouragement that inspire children to excel in academics, values and co-curricular activities alike.

Ms. Soniya Goyal
Mother of Vedant Goyal





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